

23-24/v1

**CUSTOMER INFORMATION SHEET/ KNOW YOUR POLICY**

This document provides key information about your policy. You are also advised to go through your policy document.

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)	POLICY CLAUSE NUMBER	
1	Name of Insurance Product/ Policy	Kotak Health Premier - XXXX Plan		
2	Policy Number	XXXX		
3	Type of Insurance Product/ Policy	<p><b>Both Indemnity and Benefit</b></p> <ul style="list-style-type: none"> <li>- Indemnity (Where insured losses are covered up to the Sum Insured under the policy)</li> <li>- Benefit (Where an Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event)</li> </ul>		
4	Sum Insured (Basis)	<ul style="list-style-type: none"> <li>• <b>Individual Sum Insured</b> - Where each member has a separate sum insured under the policy</li> </ul> <p>or</p> <ul style="list-style-type: none"> <li>• <b>Floater Sum Insured</b> – Where all members under the policy have a single sum insured limit which may be utilized by any or all members</li> </ul> <p><b>Sum Insured – INR XXXX</b></p>		
5	Policy Coverage (What the policy covers?)	Expenses in respect of:		
		In-patient Insured Treatment	Covered up to the limit of opted Sum where the Hospitalisation is more than 24 Hours	Policy Wordings. Part II – 2.1
		Day Care Insured Treatment	Covered up to the limit of opted Sum where the Hospital admission is less than 24 hours	Policy Wordings. Part II – 2.2
		Pre-Hospitalization Medical Expenses	Medical Expenses covered for XX days before date of hospitalisation	Policy Wordings. Part II – 2.3
		Post-Hospitalization Medical Expenses	Medical Expenses covered for XX days after discharge from the hospital	Policy Wordings. Part II – 2.3
		Ambulance Cover	Covers expenses upto INR XXXX per year for availing ambulance services	Policy Wordings. Part II – 2.4
		Organ Donor Cover	Covered up to the limit of opted Sum Insured	Policy Wordings. Part II – 2.5
Alternative Treatment	Covered up to the limit of opted Sum Insured	Policy Wordings. Part II – 2.6		

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)		POLICY CLAUSE NUMBER
		Domiciliary Hospitalisation	Covered up to the limit of opted Sum Insured	Policy Wordings. Part II – 2.7
		Annual Health Check-up	One free health check-up at Our Network Provider for each Insured Person that is above 18 years of Age, each Policy Year for the specified tests	Policy Wordings. Part II – 2.8
		Restoration Benefit	Available once in a Policy Year for unrelated illnesses in addition to the Sum Insured.	Policy Wordings. Part II – 2.9
		Cumulative Bonus	XX% increase in the Base Sum Insured, upto a maximum of XX% for each claim free year; No reduction in case of claim	Policy Wordings. Part II – 2.10
		Second E-opinion Cover	Facilitate the Insured person for availing a Second E-Opinion on his / her medical condition occurring during the Policy Period	Policy Wordings. Part II – 2.11
		Health and Rewards	Health Risk Assessment (HRA) Health Check-up and Report evaluation Preventative Check-Ups Fitness Rewards	Policy Wordings. Part II – 2.12
		Value Added Benefits	VA1/VA2/VA3	Policy Wordings. Part II – 2.13
		Hospital Daily Cash	INR XXXX per day for minimum 3 days of hospitalization subject to maximum of 10 days	Policy Wordings. Part II – 2.14
		Convalescence Benefit	INR XXXX (minimum hospitalisation of 10 days)	Policy Wordings. Part II – 2.15
		Home Nursing Benefit	Upto INR 3000 per day for a maximum of 15 days after completion of number of days under post hospitalisation cover for the medical services of a nurse at your residence	Policy Wordings. Part II – 2.16
		Daily Cash for Accompanying an Insured Child	INR XXXX per day for minimum 3 days of hospitalization subject to maximum of 10 days	Policy Wordings. Part II – 2.17
		Compassionate Visit	Cover the costs of a return (to and fro) economy class domestic air ticket for one of the Insured Person's Immediate Relative to travel to the Hospital upto INR 20000	Policy Wordings. Part II – 2.18
		Maternity Benefit	Covers Medical Expenses Upto INR XXXX for Normal and INR XXXX Cesarean for the delivery of the Insured Person's child or the Medically Necessary and lawful medical termination of pregnancy	Policy Wordings. Part II – 2.19

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)		POLICY CLAUSE NUMBER
		New Born Baby Cover	Covers Medical Expenses on the Hospitalization of the Insured Person's New Born Baby within the limits of the Maternity Sum Insured	Policy Wordings. Part II – 2.20
		Vaccination Expenses	Upto INR XXXX incurred on the Insured Person's Baby from birth till the age of 2 years	Policy Wordings. Part II – 2.21
		Air Ambulance Cover	Cover for ambulance transportation in an airplane or helicopter upto 10% of Base Sum Insured and subject to a maximum of INR 5 lacs	Policy Wordings. Part II – 2.22
		Critical Illness Cover	Coverage for 18 Critical Illnesses on a Benefit basis of INR XXXX	Policy Wordings. Part II – 2.23
		Personal Accident Cover	Coverage for Accidental Death/ Permanent Total Disablement on benefit basis of INR XXXX	Policy Wordings. Part II – 2.24
		Cap on Room Rent	1% of annual sum insured in case of stay in Non - ICU; 2% of annual sum insured in case of stay in ICU	Policy Wordings. Part II – 2.25
		Kotak Health Protect Rider KOTHLIA23111 V012223	<p><b>Claim Protect:</b> Non-medical expenses listed in Annexure-1 of the Rider-wordings will get covered.</p> <p><b>Inflation Protect:</b> Base Sum Insured will be increased on cumulative basis at each renewal on the basis of inflation rate in previous year.</p> <p><b>Super NCB:</b> If no Claim has been made in the expiring Policy Year and the Policy is renewed without any break then flat 50% increase in the Sum Insured on a cumulative basis upto 100% is available.</p> <p><b>Restoration Benefit Plus:</b> 100% restoration of the Base Sum Insured amount once in a Policy Year if the Base Sum Insured (and the Cumulative Bonus and Super NCB (if any)) is insufficient as a result of previous Claims in that Policy Year</p>	<p>Rider Wordings - Benefit 1</p> <p>Rider Wordings - Benefit 2</p> <p>Rider Wordings - Benefit 3</p> <p>Rider Wordings - Benefit 4</p>
6.	Exclusions (What the policy does not cover)	<p>We will not be liable under any circumstances, for any Claim in connection with or with regard to any of the following permanent exclusions as specified below:</p> <p><b>Standard Exclusions</b></p> <ol style="list-style-type: none"> <li>1. Investigation &amp; Evaluation (Code- Excl04)</li> <li>2. Rest Cure, rehabilitation and respite care (Code – Excl05)</li> <li>3. Obesity/ Weight Control (Code – Excl06)</li> </ol>		Policy Wordings. Part II – 3.5 Permanent Exclusions

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)	POLICY CLAUSE NUMBER
		<p>4. Change-of- Gender treatments (Code – Excl07)</p> <p>5. Cosmetic or plastic Surgery (Code – Excl08)</p> <p>6. Hazardous or Adventure sports: (Code- Excl09)</p> <p>7. Breach of law (Code – Excl10)</p> <p>8. Excluded Providers: (Code- Excl11)</p> <p>9. Code- Excl12</p> <p>Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof</p> <p>10. Code- Excl13</p> <p>Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons.</p> <p>11. Code- Excl14</p> <p>Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioner as part of hospitalization claim or day care procedure.</p> <p>12. Refractive Error (Code- Excl15)</p> <p>13. Unproven Treatments (Code – Excl16)</p> <p>14. Sterility and Infertility (Code- Excl17)</p> <p>15. Maternity (Code- Excl18)</p> <p><b>Specific Exclusions</b></p> <p>16. Costs of routine medical, eye or ear examinations preventive health check-ups, spectacles, laser surgery for correction of refractory errors, contact lenses, hearing aids, dentures or artificial teeth;</p> <p>17. Any expenses incurred on prosthesis, corrective devices, external durable medical equipment of any kind, like wheelchairs, crutches, instruments used in treatment of sleep apnea syndrome or continuous ambulatory peritoneal dialysis (C.A.P.D.) and oxygen concentrator for bronchial asthmatic condition, cost of cochlear implant(s) unless necessitated by an Accident or required intra-operatively;</p> <p>18. Any expenses incurred on personal comfort, cosmetics, convenience and hygiene related items and services;</p> <p>19. Expenses incurred on all dental treatment unless necessitated due to an Accident;</p> <p>20. Acupressure, acupuncture, magnetic and such other therapies;</p>	

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)	POLICY CLAUSE NUMBER
		<p>21. Circumcision unless necessary for treatment of an Illness or necessitated due to an Accident;</p> <p>22. Vaccination or inoculation of any kind, unless it is post animal bite;</p> <p>23. Intentional self-injury (whether arising from an attempt to commit suicide or otherwise)</p> <p>24. Treatment relating to Congenital external Anomalies;</p> <p>25. Any treatment related to sleep disorder or sleep apnoea syndrome, general debility, convalescence, run-down condition;</p> <p>26. Costs incurred for any health check-up or for the purpose of issuance of medical certificates and examinations required for employment or travel or any other such purpose;</p> <p>27. Any treatment taken outside India;</p> <p>28. Any treatment taken from anyone not falling within the scope of definition of Medical Practitioner. Any treatment charges or fees charged by any Medical Practitioner acting outside the scope of licence or registration granted to him by any medical council;</p> <p>29. Any consequential or indirect loss arising out of or related to Hospitalization;</p> <p>30. Any Injury or Illness directly or indirectly caused by or arising from or attributable to war, invasion, acts of foreign enemies, hostilities (whether war be declared or not), civil war, commotion, unrest, rebellion, revolution, insurrection, military or usurped power or confiscation or nationalisation or requisition of or damage by or under the order of any government or public local authority;</p> <p>31. Any Illness or Injury directly or indirectly caused by or contributed to by nuclear weapons/materials or contributed to or arising from ionising radiation or contamination by radioactivity by any nuclear fuel or from any nuclear waste or from the combustion of nuclear fuel;</p> <p>32. All non-medical expenses listed in Annexure III (List I) of the Policy.</p> <p>33. Any OPD treatment will not be covered</p> <p>34. Treatment and supplies for analysis and adjustments of spinal subluxation, diagnosis and treatment by manipulation of the skeletal structure; muscle stimulation by any means except treatment of fractures (excluding hairline fractures) and dislocations of the mandible and extremities.</p>	

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)	POLICY CLAUSE NUMBER
		<p>35. Treatment such as External Counter Pulsation (ECP), Enhanced External Counter Pulsation (EECP), and Hyperbaric Oxygen Therapy will not be covered unless it forms a part of In-Patient Treatment in case of hospitalisation or part of discharge advice.</p> <p>36. Any physical, medical condition or treatment that is specifically excluded in the Policy Schedule under Important Conditions.</p>	
7.	<p>Waiting period</p> <ul style="list-style-type: none"> <li>• Time period during which specified diseases/ treatments are not covered</li> <li>• It is counted from the beginning of the policy coverage</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Initial Waiting Period:</b> 30 days for all illnesses not applicable in case of renewal or accidents</li> <li>• <b>Specific Waiting Periods</b> (not applicable for claims arising due to an accident): 24 months for below list of list of specific diseases/procedures <ul style="list-style-type: none"> <li>(a) Cataract</li> <li>(b) Benign Prostatic Hypertrophy;</li> <li>(c) Myomectomy, Hysterectomy unless because of malignancy;</li> <li>(d) All types of Hernia, Hydrocele;</li> <li>(e) Fissures and/or Fistula in anus, haemorrhoids/ piles;</li> <li>(f) Arthritis, gout, rheumatism and spinal disorders;</li> <li>(g) Joint replacements unless due to Accident;</li> <li>(h) Sinusitis and related disorders;</li> <li>(i) Stones in the urinary and biliary systems;</li> <li>(j) Dilatation and curettage, Endometriosis;</li> <li>(k) All types of skin and internal tumors/ cysts/ nodules/ polyps of any kind including breast lumps unless malignant;</li> <li>(l) Dialysis required for chronic renal failure;</li> <li>(m) Tonsillitis, adenoids and sinuses;</li> <li>(n) Gastric and duodenal erosions and ulcers;</li> <li>(o) Deviated nasal septum;</li> <li>(p) Varicose Veins/ Varicose Ulcers.</li> </ul> </li> <li>• <b>Pre-existing diseases Waiting Period</b> – Covered after 12/24/36/48 months (As per Plan opted)</li> <li>• <b>Maternity Benefit Waiting Period</b> – Covered after 36 months</li> <li>• <b>Critical Illness Cover Waiting Period</b> - First 90 days from the first Policy start date</li> </ul>	<p>Policy Wordings. Part II – 3.2</p> <p>Policy Wordings. Part II – 3.3</p> <p>Policy Wordings. Part II – 3.1</p> <p>Policy Wordings. Part II – 3.4</p> <p>Policy Wordings. Part II – 2.23</p>

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8	Financial limits of coverage  i. Sub-limit (It is a pre-defined limit and the insurance company will not pay any amount in excess of this limit)  ii Co-payment (It is a specified amount / percentage of the admissible claim amount to be paid by policy holder/ insured)	The policy will pay only up to the limits specified hereunder for the following diseases/ procedures:  <table border="1" data-bbox="405 264 1187 869"> <tr> <td data-bbox="405 264 628 383"><b>Cataract Cover</b></td> <td colspan="2" data-bbox="628 264 1187 383">10% of the Base Sum Insured up to a maximum of INR 100,000 per eye for each Policy Year of the Policy Period.</td> </tr> <tr> <td data-bbox="405 383 628 479"><b>Ambulance Cover</b></td> <td colspan="2" data-bbox="628 383 1187 479">Covers expenses upto INR XXXX per year</td> </tr> <tr> <td data-bbox="405 479 628 598"><b>Maternity Benefit</b></td> <td colspan="2" data-bbox="628 479 1187 598">Covers Medical Expenses Upto INR XXXX for Normal and INR XXXX Cesarean</td> </tr> <tr> <td data-bbox="405 598 628 680"><b>New Born Baby Cover</b></td> <td colspan="2" data-bbox="628 598 1187 680">Covers Medical Expenses within the limits of the Maternity Sum Insured</td> </tr> <tr> <td data-bbox="405 680 628 777"><b>Vaccination Expenses</b></td> <td colspan="2" data-bbox="628 680 1187 777">Upto INR XXXX</td> </tr> <tr> <td data-bbox="405 777 628 869"><b>Air Ambulance Cover</b></td> <td colspan="2" data-bbox="628 777 1187 869">Upto 10% of Base Sum Insured and subject to a maximum of INR 5 lacs</td> </tr> </table> Co-payment for treatment in a Higher Zone In case of treatment taken in a city, in a Zone higher than the eligible Zone for the Insured Person, the Co-payment percentages as mentioned below shall apply:  <table border="1" data-bbox="405 1048 1187 1294"> <thead> <tr> <th data-bbox="405 1048 628 1137">Applicable Zone</th> <th data-bbox="628 1048 927 1137">Treatment Taken at</th> <th data-bbox="927 1048 1187 1137">Co-payment applicable</th> </tr> </thead> <tbody> <tr> <td data-bbox="405 1137 628 1189">Zone II</td> <td data-bbox="628 1137 927 1189">Zone I</td> <td data-bbox="927 1137 1187 1189">10%</td> </tr> <tr> <td data-bbox="405 1189 628 1240">Zone III</td> <td data-bbox="628 1189 927 1240">Zone I</td> <td data-bbox="927 1189 1187 1240">20%</td> </tr> <tr> <td data-bbox="405 1240 628 1294">Zone III</td> <td data-bbox="628 1240 927 1294">Zone II</td> <td data-bbox="927 1240 1187 1294">10%</td> </tr> </tbody> </table>			<b>Cataract Cover</b>	10% of the Base Sum Insured up to a maximum of INR 100,000 per eye for each Policy Year of the Policy Period.		<b>Ambulance Cover</b>	Covers expenses upto INR XXXX per year		<b>Maternity Benefit</b>	Covers Medical Expenses Upto INR XXXX for Normal and INR XXXX Cesarean		<b>New Born Baby Cover</b>	Covers Medical Expenses within the limits of the Maternity Sum Insured		<b>Vaccination Expenses</b>	Upto INR XXXX		<b>Air Ambulance Cover</b>	Upto 10% of Base Sum Insured and subject to a maximum of INR 5 lacs		Applicable Zone	Treatment Taken at	Co-payment applicable	Zone II	Zone I	10%	Zone III	Zone I	20%	Zone III	Zone II	10%	  Policy Wordings – Part II – 3.3  Policy Wordings – Part II – 2.4  Policy Wordings – Part II – 2.19  Policy Wordings – Part II 3 – 2.20  Policy Wordings – Part II 3 – 2.21  Policy Wordings – Part II 3 – 2.22  Policy Wordings – Part III – Specific Terms and Clauses - 5
<b>Cataract Cover</b>	10% of the Base Sum Insured up to a maximum of INR 100,000 per eye for each Policy Year of the Policy Period.																																		
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9	Claims/ Claims Procedure	Details of procedure to be followed for cashless service as well as for reimbursement of claim including pre and post hospitalization.  <b>1. Cashless</b>  Cashless Facility is only available at a Network Provider. The complete list of Network Providers is available on Our website or can be obtained from Our call centre.  (a) Pre-authorization for Planned Hospitalization:  At least 48 hours prior to a planned Hospitalization, We or Our TPA shall be contacted to request pre-authorization for availing the Cashless Facility for that planned Hospitalisation.  (b) Pre-authorization for Emergency Care:  If the Insured Person has been admitted into Hospital for Emergency Care, We or Our TPA shall be contacted to request pre-authorization for availing the Cashless Facility for that Emergency Care within 24 hours of commencement of Hospitalisation.			Policy Wordings Part II - 4,5,6																														

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		<p><b>2. Reimbursement</b></p> <p>We shall be given written notice of the Claim for reimbursement along with the following details at least within 30 days of the Insured Person's discharge from Hospital:</p> <ul style="list-style-type: none"> <li>(i) The Policy Number;</li> <li>(ii) Name of the Policyholder;</li> <li>(iii) Name and address of the Insured Person in respect of whom the request is being made;</li> <li>(iv) Nature of Illness or Injury and the treatment/ surgery taken;</li> <li>(v) Name and address of the attending Medical Practitioner;</li> <li>(vi) Hospital where treatment/surgery was taken;</li> <li>(vii) Date of Admission and date of discharge;</li> <li>(viii) Approximate claim amount (if available)</li> <li>(ix) Any other information that may be relevant to the Illness/ Injury/ Hospitalization.</li> </ul> <p><b>3. Pre-Hospitalisation Medical Expenses And Post-Hospitalisation Medical Expenses</b></p> <ul style="list-style-type: none"> <li>(a) All Claims for Pre-Hospitalisation Medical Expenses shall be submitted to Us within 30 days of the Insured Person's discharge from Hospital</li> <li>(b) All Claims for Post-Hospitalisation Medical Expenses shall be submitted to Us within 30 days of the completion of post hospitalisation period as mentioned in your plan.</li> </ul> <p><b>Turn Around Time (TAT) for claims Settlement</b></p> <ul style="list-style-type: none"> <li>i. TAT for preauthorization of cashless facility - within 6 hours from receipt of complete documents</li> <li>ii. TAT for cashless final bill authorization - within 6 hours from receipt of complete documents</li> </ul> <p>Please find the details/ web link for following -</p> <ul style="list-style-type: none"> <li>i. Network Hospital details – <a href="http://www.kotakgeneral.com">www.kotakgeneral.com</a></li> <li>ii. Helpline Number – 1800 266 4545</li> <li>iii. Hospitals which are blacklisted or from where no claims will be accepted by insurer - <a href="https://www.kotakgeneral.com/docs/default-source/footer-docs/delisted-hospital-list.pdf">https://www.kotakgeneral.com/docs/default-source/footer-docs/delisted-hospital-list.pdf</a></li> </ul> <p>Downloading/ getting Claim form - <a href="https://www.kotakgeneral.com/customer-support/downloads">https://www.kotakgeneral.com/customer-support/downloads</a></p>	



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10	Policy Servicing	<p>Call centre number – 1800 266 4545</p> <p>Details of Company officials- E-mail: care@kotak.com</p> <p>Link: <a href="https://www.kotakgeneral.com/customer-support/grievance-redressal-process">https://www.kotakgeneral.com/customer-support/grievance-redressal-process</a></p> <p>For senior citizens, please contact the respective branch office of the Company or call at 18002664545 or may write an e- mail at seniorcitizen@kotak.com.</p>	Policy Wordings - Part III - Standard General Terms and Clauses - 16
11	Grievances/ Complaints	<p>Details of</p> <ul style="list-style-type: none"> <li>- Grievance redressal officer: Contact details: Toll free number: 1800 266 4545 Email: grievanceofficer@kotak.com</li> <li>- Insurance company grievance portal/ Department: Contact details: Toll free number: 1800 266 4545 Email: grievanceofficer@kotak.com</li> <li>- Ombudsman: The details of the Insurance Ombudsman is available at: <a href="https://www.kotakgeneral.com/customersupport/grievance-redressal-process">https://www.kotakgeneral.com/customersupport/grievance-redressal-process</a> <a href="http://www.cioins.co.in/ombudsman">www.cioins.co.in/ombudsman</a> The details of the Insurance Ombudsman is available at Annexure I of the Policy wordings</li> </ul>	Policy Wordings - Part III - Standard General Terms and Clauses - 16
12	Things to Remember	<p><b>Free Look cancellation:</b> You may cancel the insurance policy if you do not want it, within 15 days from the beginning of the policy.</p> <p>Customer may contact the respective branch office of the Company or may call at 18002664545 or may write an e- mail at care@kotak.com</p>	Policy Wordings – Part III – Standard General Terms and Clauses 6
		<p><b>Policy Renewal:</b> Except on grounds of fraud, moral hazard or misrepresentation or non-cooperation, renewal of your policy shall not be denied, provided the policy is not withdrawn.</p>	Policy Wordings – Part III – Standard General Terms and Clauses 10
		<p><b>Migration and Portability:</b> When your policy is due for renewal, you may migrate to another policy with us or port your policy to another insurer.</p> <p>Customer may contact the respective branch office of the Company or may call at 18002664545 or may write an e- mail at care@kotak.com</p>	Policy Wordings – Part III – Standard General Terms and Clauses 8,9

Sr. No	TITLE	DESCRIPTION (Please refer to applicable Policy Clause Number in next column)	POLICY CLAUSE NUMBER
		<p><b>Change in Sum Insured:</b> Sum Insured can be changed (increased / decreased) only at the time of renewal or at any time, subject to underwriting by the company. For increase in SI, the waiting period if any shall start afresh <b>only for enhanced portion of the sum insured</b></p> <p><b>Moratorium Period:</b> After completion of eight continuous years under the policy no look back to be applied. The period of eight years is called as moratorium period. The moratorium would be applicable for sum insured of first policy and subsequently completion of eight continuous years would be applicable from date of enhancement of sum insured only on enhanced limits.</p> <p>After the expiry of Moratorium Period no health insurance policy shall be contestable except for proven fraud and permanent exclusion specified in policy contract.</p>	Policy Wordings – Part III – Standard General Terms and Clauses 14
12	Your Obligations	<p>Please disclose all pre-existing disease/s or condition/s before buying a policy. Non-disclosure may affect the claim settlement.</p> <p>Disclosure of other material information during the policy period - The policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis description or non-disclosure of any material fact by the policyholder.</p> <p>(Explanation: "Material facts" for the purpose of this policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk)</p>	Policy Wording Part III - Standard General Terms and Clauses – 1 - Disclosure of Information

### Declaration by the Policy Holder

I have read the above and confirm having noted the details.

Place

Date

Signature of the Policy Holder

**Kotak Mahindra General Insurance Company Ltd.**  
**Registered Office:** 27 BKC, C 27, G Block, Bandra Kurla Complex, Bandra East, Mumbai – 400051. Maharashtra, India.

**23-24/v1**

## Kotak Health Premier Policy Wording

### Preamble

This is a contract of insurance between You and Us which is subject to the receipt of the premium in full and the terms, conditions and exclusions of the Policy. This Policy has been issued on the basis of the Disclosure to Information Norm, including the information provided by You in respect of the Insured Persons in the Proposal Form. Please inform Us immediately of any change in the address, state of health or any other changes affecting You or any Insured Person.

### PART I

#### 1. DEFINITIONS

For the purposes of this Policy, the terms specified below shall have the meaning set forth wherever appearing/specified in this Policy or related Endorsements: Where the context so requires, references to the singular shall also include references to the plural and references to any gender shall include references to all genders. Further any references to statutory enactment include subsequent changes to the same.

#### Standard Definitions

<b>Accident</b>	means sudden, unforeseen and involuntary event caused by external, visible and violent means
<b>AYUSH Hospital</b>	is a healthcare facility wherein medical/surgical/para-surgical treatment procedures and interventions are carried out by AYUSH Medical Practitioner(s) comprising of any of the following: a. Central or State Government AYUSH Hospital or b. Teaching hospital attached to AYUSH College recognized by the Central Government/Central Council of Indian Medicine/Central Council for Homeopathy; or c. AYUSH Hospital, standalone or co-located with in-patient healthcare facility of any recognized system of medicine, registered with the local authorities, wherever applicable, and is under the supervision of a qualified registered AYUSH Medical Practitioner and must comply with all the following criterion: i. Having at least 5 in-patient beds; ii. Having qualified AYUSH Medical Practitioner in charge round the clock; iii. Having dedicated AYUSH therapy sections as required and/or has equipped operation theatre where surgical procedures are to be carried out; iv. Maintaining daily records of the patients and making them accessible to the insurance company's authorized representative.
<b>AYUSH Day Care Centre</b>	means and includes Community Health Centre (CHC), Primary Health Centre (PHC), Dispensary, Clinic, Polyclinic or any such health centre which is registered with the local authorities, wherever applicable and having facilities for carrying out treatment procedures and medical or surgical/para-surgical interventions or both under the supervision of registered AYUSH Medical Practitioner (s) on day care basis without in-patient services and must comply with all the following criterion: i. Having qualified registered AYUSH Medical Practitioner(s) in charge; ii. Having dedicated AYUSH therapy sections as required and/or has equipped operation theatre where surgical procedures are to be carried out; iii. Maintaining daily records of the patients and making them accessible to the insurance company's authorized representative.
<b>Any one illness</b>	means continuous period of illness and includes relapse within 45 days from the date of last consultation with the Hospital/Nursing Home where treatment was taken
<b>Cashless Facility</b>	means a facility extended by the insurer to the insured where the payments, of the costs of treatment undergone by the insured in accordance with the policy terms and conditions, are directly made to the network provider by the insurer to the extent pre-authorization is approved
<b>Condition Precedent</b>	means a policy term or condition upon which the Insurer's liability under the policy is conditional upon
<b>Congenital Anomaly</b>	means a condition which is present since birth, and which is abnormal with reference to form, structure or position <b>a) Internal Congenital Anomaly</b> Congenital anomaly which is not in the visible and accessible parts of the body. <b>b) External Congenital Anomaly</b> Congenital anomaly which is in the visible and accessible parts of the body.
<b>Co-Payment</b>	means a cost sharing requirement under a health insurance policy that provides that the policyholder/insured will bear a specified percentage of the admissible claims amount. A co-payment does not reduce the Sum Insured.
<b>Cumulative Bonus</b>	means any increase or addition in the Sum Insured granted by the insurer without an associated increase in premium
<b>Day Care Centre</b>	means any institution established for day care treatment of illness and/or injuries or a medical setup with a hospital and which has been registered with the local authorities, wherever applicable, and is under supervision of a registered and qualified medical practitioner AND must comply with all minimum criterion as under: i. has qualified nursing staff under its employment; ii. has qualified medical practitioner/s in charge; iii. has fully equipped operation theatre of its own where surgical procedures are carried out; iv. maintains daily records of patients and will make these accessible to the insurance company's authorized personnel
<b>Day Care Treatment</b>	means medical treatment, and/or surgical procedure which is: i. undertaken under General or Local Anaesthesia in a hospital/day care centre in less than 24 hrs because of technological advancement, and ii. which would have otherwise required hospitalization of more than 24 hours Treatment normally taken on an out-patient basis is not included in the scope of this definition
<b>Deductible</b>	means a cost sharing requirement under a health insurance policy that provides that the insurer will not be liable for a specified rupee amount in case of indemnity policies and for a specified number of days/hours in case of hospital cash policies which will apply before any benefits are payable by the insurer. A deductible does not reduce the Sum Insured.

<b>Dental Treatment</b>	means a treatment related to teeth or structures supporting teeth including examinations, fillings (where appropriate), crowns, extractions and surgery
<b>Disclosure to Information Norm</b>	The policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact.
<b>Domiciliary Hospitalisation</b>	means medical treatment for an illness/disease/injury which in the normal course would require care and treatment at a hospital but is actually taken while confined at home under any of the following circumstances: <ul style="list-style-type: none"> <li>i. The condition of the patient is such that he/she is not in a condition to be removed to a hospital, or</li> <li>ii. The patient takes treatment at home on account of non-availability of room in a hospital.</li> </ul>
<b>Emergency Care</b>	means management for an illness or injury which results in symptoms which occur suddenly and unexpectedly, and requires immediate care by a medical practitioner to prevent death or serious long term impairment of the insured person's health
<b>Grace Period</b>	means the specified period of time immediately following the premium due date during which a payment can be made to renew or continue a Policy in force without loss of continuity benefits such as waiting periods and coverage of Pre-existing diseases. Coverage is not available for the period for which no premium is received.
<b>Hospital</b>	means any institution established for in-patient care and day care treatment of illness and / or injuries and which has been registered as a hospital with the local authorities under the Clinical Establishments (Registration and Regulations) Act 2010 or under enactments specified under the Schedule of Section 56(1) of the said Act Or complies with all minimum criteria as under: <ul style="list-style-type: none"> <li>i. has qualified nursing staff under its employment round the clock;</li> <li>ii. has at least 10 inpatient beds, in those towns having a population of less than 10,00,000 and 15 inpatient beds in all other places;</li> <li>iii. has qualified medical practitioner (s) in charge round the clock;</li> <li>iv. has a fully equipped operation theatre of its own where surgical procedures are carried out</li> <li>v. maintains daily records of patients and makes these accessible to the insurance company's authorized personnel</li> </ul>
<b>Hospitalisation</b>	means admission in a Hospital for a minimum period of 24 consecutive 'In-patient Care' hours except for specified procedures/ treatments, where such admission could be for a period of less than 24 consecutive hours
<b>Illness</b>	means a sickness or a disease or pathological condition leading to the impairment of normal physiological function and requires medical treatment <p><b>a) Acute condition:</b> Acute condition is a disease, illness or injury that is likely to respond quickly to treatment which aims to return the person to his or her state of health immediately before suffering the disease/illness/injury which leads to full recovery.</p> <p><b>b) Chronic condition:</b> A chronic condition is defined as a disease, illness, or injury that has one or more of the following characteristics: <ol style="list-style-type: none"> <li>1. it needs ongoing or long-term monitoring through consultations, examinations, check-ups, and / or tests</li> <li>2. it needs ongoing or long-term control or relief of symptoms</li> <li>3. it requires rehabilitation for the patient or for the patient to be specially trained to cope with it</li> <li>4. it continues indefinitely</li> <li>5. it recurs or is likely to recur</li> </ol> </p>
<b>Injury</b>	means accidental physical bodily harm excluding illness or disease solely and directly caused by external, violent, visible and evident means which is verified and certified by a Medical Practitioner
<b>Inpatient Care</b>	means treatment for which the insured person has to stay in a Hospital for more than 24 hours for a covered event
<b>Intensive Care Unit</b>	means an identified section, ward or wing of a hospital which is under the constant supervision of a dedicated medical practitioner(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.
<b>ICU Charges</b>	ICU (Intensive Care Unit) Charges means the amount charged by a Hospital towards ICU expenses which shall include the expenses for ICU bed, general medical support services provided to any ICU patient including monitoring devices, critical care nursing and intensivist charges.
<b>Maternity Expenses</b>	Maternity expenses means; <ul style="list-style-type: none"> <li>a) medical treatment expenses traceable to childbirth (including complicated deliveries and caesarean sections incurred during hospitalization);</li> <li>b) expenses towards lawful medical termination of pregnancy during the policy period</li> </ul>
<b>Medical Advice</b>	means any consultation or advice from a Medical Practitioner including the issuance of any prescription or follow-up prescription
<b>Medical Expenses</b>	means those expenses that an Insured Person has necessarily and actually incurred for medical treatment on account of Illness or Accident on the advice of a Medical Practitioner, as long as these are no more than would have been payable if the Insured Person had not been insured and no more than other hospitals or doctors in the same locality would have charged for the same medical treatment.
<b>Medically Necessary Treatment</b>	means any treatment, tests, medication, or stay in hospital or part of a stay in hospital which <ul style="list-style-type: none"> <li>i. is required for the medical management of the illness or injury suffered by the insured;</li> <li>ii. must not exceed the level of care necessary to provide safe, adequate and appropriate medical care in scope, duration, or intensity;</li> <li>iii. must have been prescribed by a Medical Practitioner;</li> <li>iv. must conform to the professional standards widely accepted in international medical practice or by the medical community in India</li> </ul>
<b>Medical Practitioner</b>	means a person who holds a valid registration from the Medical Council of any State or Medical Council of India or Council for Indian Medicine or for Homeopathy set up by the Government of India or a State Government and is thereby entitled to practice medicine within its jurisdiction; and is acting within its scope and jurisdiction of license The term Medical Practitioner would include physician, specialist, anaesthetist and surgeon but would exclude You and Your Immediate Family. "Immediate Family would comprise of Your spouse, children, brother(s), sister(s) and parent(s).
<b>Migration</b>	means, the right accorded to health insurance policyholders (including all members under family cover and members of group health insurance policy), to transfer the credit gained for pre-existing conditions and time bound exclusions, with the same insurer

<b>Network Provider</b>	means Hospitals or health care providers enlisted by an insurer, TPA or jointly by an Insurer and TPA to provide medical services to an insured by a cashless facility
<b>New Born Baby</b>	New born baby means baby born during the Policy Period and is aged upto 90 days.
<b>Non-Network Provider</b>	means any Hospital, day care centre or other provider that is not part of the network
<b>Notification of Claim</b>	means the process of intimating a claim to the insurer or TPA through any of the recognized modes of communication
<b>OPD Treatment</b>	means the one in which the Insured visits a clinic / hospital or associated facility like a consultation room for diagnosis and treatment based on the advice of a Medical Practitioner. The Insured is not admitted as a day care or in-patient.
<b>Portability</b>	means the right accorded to an individual health insurance policyholder (including all members under family cover), to transfer the credit gained for pre-existing conditions and time bound exclusions, from one insurer to another insurer
<b>Pre-existing Disease</b>	means any condition, ailment, injury or disease a) That is/are diagnosed by a physician within 48 months prior to the effective date of the policy issued by the insurer or its reinstatement or b) For which medical advice or treatment was recommended by, or received from, a physician within 48 months prior to the effective date of the policy issued by the insurer or its reinstatement.
<b>Pre-Hospitalisation Medical Expenses</b>	means medical expenses incurred during predefined number of days preceding the hospitalization of the Insured Person, provided that: i. Such Medical Expenses are incurred for the same condition for which the Insured Person's Hospitalization was required, and ii. The In-patient Hospitalization claim for such Hospitalization is admissible by the Insurance Company.
<b>Post Hospitalisation Medical Expenses</b>	means medical expenses incurred during predefined number of days immediately after the insured person is discharged from the hospital provided that: i. Such Medical Expenses are for the same condition for which the insured person's hospitalization was required, and ii. The inpatient hospitalization claim for such hospitalization is admissible by the Insurance Company.
<b>Qualified Nurse</b>	means a person who holds a valid registration from the Nursing Council of India or the Nursing Council of any state in India.
<b>Reasonable &amp; Customary Charges</b>	means the charges for services or supplies, which are the standard charges for the specific provider and consistent with the prevailing charges in the geographical area for identical or similar services, taking into account the nature of the illness / injury involved.
<b>Renewal</b>	means the terms on which the contract of insurance can be renewed on mutual consent with a provision of grace period for treating the renewal continuous for the purpose of gaining credit for pre-existing diseases, time-bound exclusions and for all waiting periods.
<b>Room Rent</b>	means the amount charged by a Hospital towards Room and Boarding expenses and shall include the associated medical expenses
<b>Surgery or Surgical Procedure</b>	means manual and / or operative procedure (s) required for treatment of an illness or injury, correction of deformities and defects, diagnosis and cure of diseases, relief from suffering and prolongation of life, performed in a hospital or day care centre by a Medical Practitioner.
<b>Unproven / Experimental Treatment</b>	means the treatment including drug experimental therapy which is not based on established medical practice in India, is treatment experimental or unproven

### Specific Definitions

<b>Admission</b>	means the Insured Person's admission to a Hospital as an inpatient for the purpose of medical treatment of an Injury and/or Illness
<b>Alternative Treatment (AYUSH)</b>	refers to the medical and/ or hospitalization treatments given under Ayurveda, Yoga and Naturopathy, Unani, Sidha and Homeopathy systems
<b>Ambulance</b>	means a road vehicle operated by a healthcare/ ambulance service provider and equipped for the transport and paramedical treatment of the person requiring medical attention
<b>Associated Medical Expenses</b>	means Room Rent, nursing charges, operation theatre charges, fees of Medical Practitioners (including surgeons, anesthetists and specialists)
<b>Base Sum Insured</b>	a. For Individual sum insured basis (Individual Policy), the amount specified in the Policy Schedule against an Insured Person which is Our maximum, total and cumulative liability for any and all claims arising during a Policy Year in respect of that Insured Person. b. For Family Floater sum insured basis (Floater Policy), the amount specified in the Policy Schedule which is Our maximum, total and cumulative liability for any and all claims arising during a Policy Year in respect of any one and/or all Insured Persons. If the Policy Period is more than one year, then the Base Sum Insured will apply afresh to each Policy Year in the Policy Period, but any portion of the Base Sum Insured which remains un-utilised in any Policy Year shall not be carried forward to any subsequent Policy Year in the Policy Period.
<b>Claim</b>	means a demand made by You for payment of any benefit under the Policy in respect of an Insured Person
<b>Emergency</b>	means a serious medical condition or symptom resulting from Injury or sickness which arises suddenly and unexpectedly, and requires immediate care and treatment by a Medical Practitioner, generally received within 24 hours of onset to avoid jeopardy to life or serious long term impairment of the Insured Person's health, until stabilisation at which time this medical condition or symptom is not considered an emergency anymore.
<b>Family Floater</b>	means a Policy described as such in the Policy Schedule where You and Your family members as mentioned in Eligibility (Part III) and named in the Schedule are insured under this Policy as at the Policy Period Start Date. The Sum Insured for a Family Floater means the sum shown in the Schedule which represents Our maximum liability for any and all claims made by You and/or all of Your family members mentioned in the Policy Schedule during each Policy Period.
<b>Instalment Premium</b>	Shall mean the defined proportion of the applicable annual premium with respect to the Insured Person(s) payable at regular frequency as defined in the Policy Schedule.
<b>Insured Person(s)</b>	means the persons named in the Policy Schedule, who is/are covered under this Policy, for whom the insurance is proposed and the appropriate premium received
<b>Plan</b>	means the Plan stated in the Policy Schedule which is applicable to all Insured Persons and specifies the amounts of benefits available

<b>Policy</b>	means these Policy wordings, the Policy Schedule and any applicable endorsements or extensions attaching to or forming part thereof. The Policy contains details of the extent of cover available to You, what is excluded from the cover and the terms & conditions on which the Policy is issued to You.
<b>Policy Period</b>	means the period commencing from Policy Start Date and time as specified in Policy Schedule and terminating at midnight on the Policy End Date as specified in Policy Schedule
<b>Policy Schedule</b>	means the schedule attached to and forming part of this Policy mentioning the details of the Insured Persons, the Sum Insured, the period and the limits to which benefits under the Policy are subject to, including any Annexures and/or endorsements, made to or on it from time to time, and if more than one, then the latest in time.
<b>Policy Year</b>	means a period of twelve months beginning from the Policy Period Start Date and ending on the last day of such twelve-month period. For the purpose of subsequent years, "Policy Year" shall mean a period of twelve months beginning from the end of the previous Policy Year and lapsing on the last day of such twelve-month period, till the Policy Period End Date, as specified in the Policy Schedule.
<b>Third Party Administrator (TPA)</b>	means any person who is registered under the IRDAI (Third Party Administrators - Health Services) Regulations, 2016 notified by the Authority and is engaged, for a fee or remuneration by an insurance company for the purposes of providing health services as defined in those Regulations
<b>You/Your/Policyholder</b>	means the policyholder/Insured Person named in the Policy Schedule
<b>We/Our/Us</b>	means Kotak Mahindra General Insurance Company Limited

## PART II

### 2. WHAT WE WILL PAY (COVERS AVAILABLE UNDER THE POLICY)

The Covers available under this Policy are described below. Covers will be available to the Insured Person, only if that particular cover is specifically mentioned in the Policy Schedule as per the Plan opted by You, subject to

- availability of Base Sum Insured and Cumulative Bonus(if any)
- the terms, conditions and exclusions of this Policy and
- any sum insured or sub-limits specified in respect of that Cover and any limits applicable under the Plan in force for the Insured Person as specified in the Policy Schedule

#### 2.1 In-patient Treatment

We will indemnify the Medical Expenses incurred on the Insured Person's Hospitalization that occurs during the Policy Period following an Illness or Injury provided that:

- The Hospitalisation is for a minimum and continuous period of 24 hours
- the Hospitalisation is for Medically Necessary Treatment and follows the written advice of a Medical Practitioner;
- the Medical Expenses incurred are Reasonable and Customary and may be for one or more of the following:
  - Room Rent and other boarding charges;
  - ICU Charges;
  - Operation theatre expenses;
  - Medical Practitioner's fees including fees of specialists and anaesthetists treating the Insured Person;
  - Qualified Nurses' charges;
  - Medicines, drugs and other allowable consumables prescribed by the treating Medical Practitioner;
  - Investigative tests or diagnostic procedures directly related to the Injury/Illness for which the Insured Person is Hospitalized
  - Anaesthesia, blood, oxygen and blood transfusion charges;
  - Surgical appliances and prosthetic devices recommended by the attending Medical Practitioner that are used intra operatively during a Surgical Procedure.
  - Inpatient physiotherapy charges;

#### 2.2 Day Care Treatment

We will indemnify the Medical Expenses incurred on the Insured Person's Day Care Treatment during the Policy Period following an Illness or Injury that occurs during the Policy Period provided that:

- the Day Care Treatment is for Medically Necessary Treatment and follows the written advice of a Medical Practitioner;
- the Medical Expenses incurred are Reasonable and Customary ;

Further,

- We will only cover the Medical Expenses for those Day Care Treatments which are listed in Annexure II of this Policy. The complete list of Day Care Treatments covered is also available on Our website [www.kotakgeneral.com];
- We will not cover any OPD Treatment under this Benefit.

#### 2.3 Pre-Hospitalization Medical Expenses and Post-Hospitalization Medical Expenses

We will indemnify the Insured Person's Pre-Hospitalisation Medical Expenses and/or Post-Hospitalisation Medical Expenses following an Illness or Injury that occurs during the Policy Period provided that:

- We have accepted a Claim for In-patient Treatment or Day Care Treatment under this Policy and the Pre-Hospitalisation Medical Expenses and/or Post-Hospitalisation Medical Expenses relate to the same Illness/medical condition;

Further,

- We will pay Pre-Hospitalisation Medical Expenses up to the number of days as mentioned in the Policy Schedule preceding the Insured Person's Admission to Hospital for In-patient Care or Day Care Treatment;
- We will pay Post-Hospitalisation Medical Expenses up to the number of days as mentioned in the Policy Schedule immediately following the Insured Person's discharge from Hospital following In-patient Care or Day Care Treatment.

#### 2.4 Ambulance Cover

We will indemnify the amount incurred up to the limit specified in the Policy Schedule for the reasonable expenses incurred by You on availing ambulance services offered by a healthcare or Ambulance service provider for your necessary transportation to the Hospital for treatment of an Illness or Injury following an Emergency provided that:

- We have accepted a Claim for In-patient Treatment or Day Care Treatment under the Policy and the Ambulance service relates to the same illness / medical condition
- The necessity of the use of the Ambulance is certified by the treating Medical Practitioner;

Further,

- We will also provide cover under this benefit if the Insured Person is required to be transferred from one Hospital to another Hospital or diagnostic centre for advanced diagnostic treatment where such facility is not available at the existing Hospital or the Insured Person is required to be moved to a better Hospital facility due to lack of available/adequate treatment facilities at the existing Hospital.
- In case of Individual Policy, this payout will be available on individual basis and in case of Floater Policy the payout will be available on floater basis.

#### 2.5 Organ Donor Cover

We will indemnify the In-patient Hospitalisation Medical Expenses towards the donor for harvesting the organ up to the limits of the Base Sum Insured (subject to availability), provided that:

- We have accepted a Claim for In-patient Treatment under the Policy in respect of the Insured Person;
- The organ donor is any person in accordance with the Transplantation of Human Organs Act 1994 (amended) and other applicable laws and rules;
- The organ donated is for the use of the Insured Person who has been asked to undergo an organ transplant on Medical Advise;

Further,

- In case of Individual Policy, this payout will be available on individual basis and in case of Floater Policy the payout will be available on floater basis.
- We will not cover expenses towards the donor in respect of:
  - Any Pre-Hospitalization Medical Expenses or Post Hospitalization Medical Expenses;
  - Costs directly or indirectly associated to the acquisition of the organ;
  - Any other medical treatment or complication in respect of the donor, consequent to harvesting.

## 2.6 Alternative Treatment

We will indemnify the Medical Expenses incurred on the Insured Person's Alternative Treatment during the Policy Period following an Illness or Injury that occurs during the Policy Period up to the limits of the Base Sum Insured (subject to availability), provided that:

- a) The Alternative Treatment is administered by a Medical Practitioner;
- b) The Insured Person is admitted to Hospital (For AYUSH treatment) as an Inpatient for the Alternative Treatment to be administered.

Further,

- a) In case of Individual Policy, this payout will be available on individual basis and in case of Floater Policy the payout will be available on floater basis.

## 2.7 Domiciliary Hospitalisation

We will indemnify the Medical Expenses incurred on the Insured Person's Domiciliary Hospitalization during the Policy Period following an Illness or Injury that occurs during the Policy Period up to the limits of the Base Sum Insured (subject to availability), provided that:

- a) We will cover medical expenses of an Insured person for treatment of a disease, Illness or Injury taken at home which would otherwise have required hospitalisation or since the Insured person's condition did not allow a hospital transfer or a hospital bed was unavailable.
- b) The domiciliary hospitalisation is Medically Necessary and follows the written advice of a Medical Practitioner
- c) The Medical Expenses incurred are Reasonable and Customary Charges;
- d) The Insured Person's Domiciliary Hospitalisation extends for at least 3 consecutive days in which case We will pay Medical Expenses from the first day of Domiciliary Hospitalisation;

Further,

- a) We shall not indemnify for any Medical Expenses incurred for the treatment of any of the following Illnesses/conditions under this Cover:
  - I. Asthma;
  - ii. Bronchitis;
  - iii. Chronic Nephritis and Chronic Nephritic Syndrome;
  - iv. Diarrhoea and all types of Dysenteries including Gastro-enteritis;
  - v. Diabetes Mellitus and Insipidus;
  - vi. Epilepsy;
  - vii. Hypertension;
  - viii. Influenza, cough and cold;
  - ix. Psychiatric or Psychosomatic Disorders as mentioned below;
    - a) 2021 ICD-10-CM Diagnosis Code F32: Major depressive disorder, single episode
    - b) 2021 ICD-10-CM Diagnosis Code F41: Other anxiety disorders
    - c) ICD-10-CM Diagnosis Code F34: Persistent mood [affective] disorders
    - d) ICD-10-CM Diagnosis Code F31: Bipolar disorder
    - e) ICD-10-CM Diagnosis Code F20: Schizophrenia
    - f) ICD-10-CM Diagnosis Code F50 :Eating disorders
    - g) ICD-10-CM Diagnosis Code F84 :Autistic disorder
    - h) ICD-10-CM Diagnosis Code F79 :Unspecified intellectual disabilities
    - i) ICD-10-CM Diagnosis Code F90:Attention-deficit hyperactivity disorders
    - j) ICD-10-CM Diagnosis Code F42 : Obsessive-compulsive disorder
  - x. Pyrexia of unknown origin for less than 10 days;
  - xi. Tonsillitis and Upper Respiratory Tract Infection including Laryngitis and Pharyngitis;
  - xii. Arthritis, Gout and Rheumatism.
- b) In case of Individual Policy, this payout will be available on individual basis and in case of Floater Policy the payout will be available on floater basis.

## 2.8 Annual Health Check-up

We will arrange for one free health check-up at Our Network Provider for each Insured Person that is above 18 years of Age, for each Policy Year for the specified tests. Availing the Annual Health Check-up will not impact the Base Sum Insured or the Cumulative Bonus. This will be offered regardless of any claim admitted/registered under the Policy. The health check-up will consist of the following tests for all eligible

Insured Persons, however, these tests are subject to revision at Our discretion and will be communicated to Insured Person(s).

- a) CBC;
- b) MER;
- c) Serum Cholesterol;
- d) Serum Creatinine;
- e) SGPT/SGOT
- f) ECG;
- g) Random Blood Sugar.

## 2.9 Restoration Benefit

We will provide a 100% restoration of the Base Sum Insured amount once in a Policy Year if the Base Sum Insured and the Cumulative Bonus (if any) is insufficient as a result of previous Claims in that Policy Year, provided that:

- a) The restored sum insured will not be available in respect of any Illness (including its complications) for which a Claim has already been accepted /paid in that Policy Year for the same Insured Person.
- b) The restoration of sum insured shall not apply to the first claim in that Policy Year unless related to an Injury due to Accident where the claim amount exceeds the Base Sum Insured.

Further,

- a) No Cumulative Bonus will apply on the restored sum insured;
- b) The restored sum insured will apply to all Insured Persons on the same basis as the Base Sum Insured i.e. individual sum insured in case of Individual Policy and floater sum insured in case of Floater Policy;
- c) Any restored sum insured which is not utilized in a Policy Year shall not be carried forward to any subsequent Policy Year;
- d) Restoration of sum insured will be in addition to the Base Sum Insured.

## 2.10 Cumulative Bonus

We will increase Your Base Sum Insured by 10% subject to the maximum limit specified in the Policy Schedule at the end of the Policy Year if the Policy is renewed with Us provided that:

- a) Cumulative Bonus will accrue only if no claims have been made in respect of the Insured Person(s) in the expiring Policy Year;
- b) Cumulative Bonus under a Family Floater Policy will be available only to those Insured Persons who were Insured Persons in the immediately completed Policy Year;

Further,

- a) If the Base Sum Insured is increased at the time of Renewal, then the Cumulative Bonus will be calculated on the Base Sum Insured of the immediately completed Policy Year;
- b) If the Base Sum Insured is reduced at the time of Renewal, then the applicable Cumulative Bonus will be applicable on the renewed policy Base Sum Insured.
- c) Cumulative Bonus will be carried forward to the next Policy Year, provided the Insured Person renews the Policy before the expiry of the Grace Period.
- d) If the Policy Period is more than one year, then any Cumulative Bonus that has accrued for the Policy Year will be credited at the end of the Policy Year and shall be available for any claims made in the subsequent Policy Year.
- e) If the Insured Persons in the expiring Policy are covered on an individual basis and there is an accumulated Cumulative Bonus for each Insured Person under the expiring Policy, and such expiring Policy has been Renewed with Us on a floater basis then the Cumulative Bonus to be carried forward for credit in such Renewed Policy shall be the lowest among all the Insured Persons.
- f) If the Insured Persons in the expiring Policy are covered on a floater basis and such Insured Persons renew their expiring Policy with Us into two or more floater/individual policies then the Cumulative Bonus of the expiring Policy shall be apportioned to such Renewed Policies in the proportion of the Base Sum Insured of each Renewed Policy.
- g) Any earned Cumulative Bonus shall not be available for claims under Maternity Benefit, New Born Baby Cover, Vaccination Expenses, Critical Illness Cover and Personal Accident Cover.
- h) The Cumulative Bonus is provisional and is subject to revision if a Claim is made after the acceptance of renewal premium in respect of the expiring Policy Year. Such awarded Cumulative Bonus shall be withdrawn only in respect of the expiring year in which the Claim was admitted. Cumulative Bonus will be provided if any Claim made under the Policy has been repudiated/withdrawn.

## 2.11 Second E-Opinion Cover

We will facilitate the Insured person for availing a Second E-Opinion on his / her medical condition occurring during the Policy Period, provided that:

- We shall only provide access to an E-opinion and this shall not be deemed to substitute the Insured Person's visit or consultation to an independent Medical Practitioner;

Further,

- We do not assume any liability towards any loss or damage arising out of or in relation to any opinion, advice, prescription, actual or alleged errors, omissions and representations made by the Medical Practitioner.
- The Insured person is free to choose whether or not to obtain the expert opinion and if obtained whether or not to act on it

## 2.12 Health and Rewards

We will provide incentives to reward the Insured Person(s) for taking care of his/her health/fitness through regular preventative and wellness habits. You can earn reward points for the activities mentioned below. The activities may attract additional charges (decided at Our discretion) to be directly payable by You. The activities undertaken by You will be rewarded by Us in the form of reward points as per the terms and conditions mentioned below. You can redeem these reward points in accordance with the redemption terms and conditions.

### • List of Wellness Activities:

- Health Risk Assessment (HRA)

Health Risk Assessment questionnaire is used as a tool for evaluation of health and quality of life. It helps you to understand your lifestyle and its impact on your health status. The HRA will be an online assessment provided by Us through vendor tie-ups. This can be undertaken only once per Insured Person in a Policy Year.

You can earn 250 reward points on completion of HRA per Insured Person, in case of Individual Policy and maximum up to 500 reward points per family in case of Floater Policy in a Policy Year.

Insured Person(s) only above 18 years of Age will be eligible to undergo HRA.

However, this shall not be deemed to substitute the Insured Person's visit or consultation to an independent Medical Practitioner. The Insured Person is free to choose whether or not to undergo the same and if done whether or not to act on it.

We do not assume any liability towards any loss or damage arising out of or in relation to any opinion, advice, prescription, actual or alleged errors, omissions and representations made thereby.

- Health Check-Up

The Company provides for health check-up as per Benefit 2.8 Annual Health Check-Up. You will be provided reward points for undergoing the Health Check-Up. We will facilitate in booking the appointment and arrange for the check-up through any of our Network Providers.

You can earn 500 reward points for undergoing Health Check Up per Insured Person in case of Individual Policy and a maximum of 1,500 reward points per family in case of Floater Policy in a Policy Year. If the result of all the medical test parameters are within normal limit/ range, additional 500 reward points per Insured Person in case of Individual Policy and a maximum of 1,500 reward points per family in case of Floater Policy will be awarded in a Policy Year.

However, this shall not be deemed to substitute the Insured Person's visit or consultation to an independent Medical Practitioner. The Insured person is free to choose whether or not to undergo the test and if done whether or not to act on it.

We do not assume any liability towards any loss or damage arising out of or in relation to any opinion, advice, prescription, actual or alleged errors, omissions and representations made by the Medical Practitioner.

- Preventive Check-Up

You can also earn reward points by undergoing certain other diagnostic and preventive health check-up at any diagnostic centre at Your own expenses. You shall have to submit medical reports of these tests to Us.

List of the Tests eligible under this are mentioned below:

Name of the Test	Applicability
Heart related screening tests (2D echo/TMT/ ECG)	Individual above the age of 45 years
HbA1c/Complete lipid profile	Any age
PAP Smear/Mammogram/CA-125	Females above the age of 40 years
Prostate Specific Antigen (PSA)	Males above the age of 45 years
Vitamin Profile test (D3, B12 and TSH)	Any age
USG whole abdomen	Any age
Kidney Function test	Any age
Renal function test	Any age
Cardiac biomarker test	Any age
Body Fat Analysis	Any age

You can earn 250 reward points for undergoing preventive check-up per test per Insured Person in case of Individual Policy and a maximum of 1,500 reward points per family in case of Floater Policy in a Policy Year. If the result of the medical test parameters mentioned above are within normal limits/ range, additional 250 reward points per test per Insured Person in case of Individual Policy and a maximum of 1,500 reward points per family in case of Floater Policy will be awarded in a Policy Year. One test will be considered only once for reward points during a Policy Year.

However, this shall not be deemed to substitute the Insured Person's visit or consultation to an independent Medical Practitioner. The Insured person is free to choose whether or not to undergo the test and if done whether or not to act on it.

We do not assume any liability towards any loss or damage arising out of or in relation to any opinion, advice, prescription, actual or alleged errors, omissions and representations made by the Medical Practitioner.

- Fitness Initiatives

We will reward You for the following fitness & health related activities as given below which are undertaken after Policy Start Date.

Fitness Activities	Reward Points
Participation in Professional sporting events like Marathon/ Swimathon/ Triathlon, etc.	500 points per event and 1000 points per Policy Year
Gym/ Yoga membership for 1 year	1000 per Policy Year
Sports Activity membership (Swimming/ Tennis/ Badminton/ for 1 year	1000 per Policy Year
Share your Fitness story	250 per Policy Year
Winning Health Quiz/ Contests organized by Us	250 per event and 500 points per Policy Year

### • Terms for Reward Point Accumulation under Health and Rewards:

You can earn maximum 5,000 reward points per Insured Person in case of Individual Policy and a maximum of 10,000 reward points per family in case of Floater Policy in a Policy Year. You should notify and submit relevant documents, bills etc. for various wellness activities within sixty (60) days of undertaking such activity.

### • Redemption of Reward Points:

Each Reward Point will be equivalent to 0.25 Rupees.

You can redeem these Reward points (after conversion to the equivalent rupee amount) against any of the following options:

- Outpatient medical expenses like consultation charges, medicine & drugs, dental expenses, wellness & preventive care and other miscellaneous charges
  - Diagnostic expenses and health check-ups through our Network providers.
- In-patient Treatment and Day Care Treatment claims, provided that the Base Sum Insured, Cumulative Bonus and Restoration Sum Insured (if applicable) are exhausted during the Policy Year.
- Payment of Co-payment, if applicable
- Non-medical expenses listed under Annexure III

### • Terms for Redemption:

- Reward points not redeemed in the given Policy Year can be carried forward for a maximum up to 1 year from the date of expiry of the Policy Year in which they are earned.



- b) Reward Points shall automatically lapse upon cancellation of the Policy. However, any unclaimed and accrued Points (from Previous Policy Year/ month) shall be available for redemption up to 1 year from the date of cancellation of the Policy unless the policy has been cancelled by Us on grounds of misrepresentation, fraud, nondisclosure or non-cooperation of the Insured.
- c) Reward Points cannot be redeemed for the same activity against which the Reward points were earned at first. For e.g. If reward points are earned for undergoing "Preventive Check Up – HbA1c/Lipid Profile" then the same points cannot be used for claiming under the diagnostic expenses for undergoing the said test.
- d) Redemption of the rewards points can be done twice during a Policy Year.
- e) Redemption of rewards points does not entail any cash benefit to be provided to You.

### 2.13 Value Added Benefits

The Benefits listed below are Value Added Benefits and shall be available to the Insured Persons specified in the Policy Schedule. Benefits under this Section are subject to the terms, conditions and exclusions of this Policy. The activities may attract additional charges (decided at Our discretion) to be payable by You directly to the vendor. Claims under this Section will not impact the Sum Insured or the eligibility for Cumulative Bonus.

VA1	VA2	Va3
Online customer profile	Online customer profile	Online customer profile
Doctor directory	Doctor directory	Doctor directory
Doctor appointment	Doctor appointment	Doctor appointment
Online Pharmacy/ Online Diagnostics tests booking	Online Pharmacy/ Online Diagnostics tests booking	Online Pharmacy/ Online Diagnostics tests booking
Health tips/articles	Health tips/ articles	Health tips/ articles
Home Health	Home Health	Home Health
	E-consultation	E-consultation Dietician/ Nutritionist opinion

- a) Online customer profile  
Based on the HRA taken and health check-ups, if any, undertaken by the Insured Person, We will maintain an online customer profile through our vendor tie-up which can be accessed by the Insured Person to review his Health status.
- b) Doctor directory  
We will provide with or arrange for an online platform through our vendor tie-up for providing access to information on general physicians, specialists and super specialists.
- c) Doctor appointment  
We will provide with or arrange for an online platform through vendor tie-ups for fixing up doctor appointments for the Insured Person(s).
- d) Online Pharmacy, Diagnostic tests and other Health/ Wellness Offering  
We will facilitate the Insured Person for various offerings on health and wellness services like Diagnostic Centers, Pharmacy, Gymsnasiums, Yoga, etc. through the Network Providers/ vendor tie-ups.
- e) Health tips/ articles  
We will provide You information on various health related applications, wellness training, maintaining fitness and good health, information on various diseases, dietary plans, etc. through periodic communications and through online platform.
- f) Home Health  
We will provide through vendor tie-ups, Home Health services like physiotherapy, nursing care, trained attendants and medical equipments, for the Insured Person.
- g) E-consultations  
We will provide with or arrange for an online platform through vendor tie-ups for providing with E-consultations to the Insured Person.
- h) Dietician & Nutritionist opinion  
We will arrange for dieticians/ nutritionists through our vendor tie ups to provide for counselling to the Insured Person.

### Terms and Conditions for 2.12 Health and Rewards and 2.13 Value Added Benefits

- Any information provided by You shall be kept confidential
- For services which are provided through empanelled medical experts/ centres/ service providers, We are only acting as a facilitator, hence We would not be liable for any incremental cost of the services.
- All medical services are being provided by empanelled medical experts/ centres/ service providers who are empanelled after full due diligence. Nonetheless, Insured Person may consult their personal doctor before availing the medical services. The decisions to utilise the services will solely be at the Insured Person's discretion.
- We/Company/Us or its group entities, affiliates, officers, employees, agents, are not responsible for or liable for any actions, claims, demands, losses, damages, costs, charges and expenses which an Insured Person/ You may claim to have suffered or sustained or incurred by way of or on account of utilization of any benefits specified herein.
- This shall not be deemed to substitute the Insured Person's visit or consultation to an independent Medical Practitioner. The Insured person is free to choose whether or not to undergo the same and if done whether or not to act on it.
- We do not assume any liability towards any loss or damage arising out of or in relation to any opinion, advice, prescription, actual or alleged errors, omissions and representations made by the Medical Practitioner.

### 2.14 Hospital Daily Cash

We will pay the daily cash amount specified in the Policy Schedule for this Benefit for each and every completed day of the Insured Person's Hospitalization during the Policy Period provided that:

- a) We have accepted a Claim for In-patient Treatment under the Policy;
- b) The Insured Person's Hospitalization extends for at least 3 consecutive days, in which case We will make payment under this Benefit from the first day of Hospitalization;
- c) We shall not be liable to make payment for more than the maximum number of days per Policy Year specified in the Policy Schedule for this Benefit.

Further,

- a) This benefit is applicable on an individual basis irrespective of type of policy (Individual/ Floater).
- b) The payment under this benefit is over and above the Base Sum Insured.

### 2.15 Convalescence Benefit

We will pay the amount specified in the Policy Schedule for this Benefit if the Insured Person is admitted in Hospital for a minimum period of 10 consecutive days provided that:

- a) We have accepted a Claim for In-patient Treatment under the Policy in respect of the same Hospitalization;

Further,

- a) We shall not be liable to make payment under this Benefit in respect of an Insured Person more than once during the Policy Year.
- b) This benefit is applicable on an individual basis irrespective of type of policy (Individual/ Floater).
- c) The payment under this benefit is over and above the Base Sum Insured.

### 2.16 Home Nursing Benefit

We will indemnify the amount specified in the Policy Schedule for this Benefit incurred for medical care services of a qualified nurse at the residence of the Insured Person following discharge from hospital after treatment for Illness/ Injury provided that:

- a) We have accepted a Claim for In-patient Treatment under the Policy in respect of the same Hospitalisation;
- b) Such medical care services are confirmed as being necessary by the attending Medical Practitioner and the same relate directly to Illness/ Injury for which the Insured Person has undertaken treatment during the hospitalisation

Further,

- a) The cover is applicable for a maximum of 15 days during the Policy Year and after the completion of the number of days mentioned in the Post-Hospitalization Medical Expenses cover (2.3).
- b) In case of Individual policy, this payout will be available on individual basis and in case of Floater Policy the payout will be available on floater basis.
- c) The payment under this benefit is within the Base Sum Insured.

### 2.17 Daily Cash for Accompanying an Insured Child

We will pay the Daily Cash Amount specified in the Policy Schedule for this Benefit for each and every completed day of the Insured Person's Hospitalization during the Policy Period provided that:

- We have accepted a Claim for In-patient Treatment under the Policy;
- The Insured Person hospitalized is a Child aged 12 years or below
- We shall not be liable to make payment for more than the maximum number of days per Policy Year specified in the Policy Schedule for this Benefit.

Further,

- This benefit is applicable on an individual basis irrespective of type of policy (Individual/ Floater).
- The payment under this benefit is over and above the Base Sum Insured.

### 2.18 Compassionate Visit

We will indemnify the costs of a return journey undertaken by air/ rail/ road (to and fro) up to the limit specified in the Policy Schedule under this Benefit for one of the Insured Person's Immediate Relative to travel from the place of the Immediate Relative's residence to the Hospital where the Insured Person is hospitalized, in case Hospitalization of the Insured Person extends beyond 5 consecutive days provided that:

- We have accepted a Claim for In-patient Treatment or Day Care Treatment under the Policy

Further,

- In case of Individual policy, this payout will available on individual basis and in case of Floater Policy the payout will be available on floater basis.
- The payment under this benefit is over and above the Base Sum Insured.
- For the purpose of this Benefit, the term "Immediate Relative" would mean the Insured Person's spouse, children or parents.

### 2.19 Maternity Benefit

We will indemnify the Medical Expenses incurred up to the Maternity Benefit Sum Insured specified in the Policy Schedule for the delivery of the Insured Person's child (including cesarean section) or the Medically Necessary and lawful medical termination of pregnancy during the Policy Period provided that:

- The treatment is taken as an In-patient in a Hospital;
- The cover shall be available to the Insured Person who has been continuously covered for at least 36 months under this Benefit subject to the Portability & Continuity Benefits as applicable.

Further,

- We shall not be liable to pay for more than 2 events of deliveries across all Policy Periods with Us;
- We will cover pre-natal and post-natal expenses up to the amount specified in the Policy Schedule for this Benefit provided that We have accepted a Claim for delivery/termination under this Benefit;
- Ectopic pregnancy shall not be covered under this Benefit, but any Claims will be considered under In-patient Treatment;
- This benefit is applicable on an individual basis irrespective of type of policy (Individual/ Floater).
- The payment under this benefit is over and above the Base Sum Insured.

Permanent Exclusion 3.5(15) of the Policy Wordings stands deleted to the extent of this Benefit only.

### 2.20 New Born Baby Cover

We will indemnify the Medical Expenses incurred on the Hospitalization of the Insured Person's New Born Baby during the Policy Period within the limits of the Maternity Sum Insured subject to the following:

- We have accepted a Claim for Maternity Benefit under the Policy.

Further,

- This benefit is applicable on an individual basis irrespective of type of policy (Individual/ Floater).
- Any pre and post hospitalization expenses for the new born shall not be covered under this benefit.

You can cover the New Born Baby beyond 90 days on payment of requisite premium for the New Born Baby by way of an endorsement or at the next Renewal, whichever is earlier.

### 2.21 Vaccination Expenses

We will cover the Vaccination Expenses incurred on the Insured Person's Baby during the Policy Period up to the limit specified in the Policy Schedule subject to the following:

- We have accepted a Claim for Maternity Benefit under the Policy.
- The Insured Person whose maternity claim has been accepted by Us continues to renew the Policy with Us subsequently.

Further,

- The expenses will be covered from the birth till the Baby completes two years.
- Reimbursement claims for vaccination expenses can be submitted once during a Policy Year.
- The payment under this benefit is over and above the Base Sum Insured.

Permanent Exclusion 3.5 (22) of the Policy Wordings stands deleted to the extent of this Benefit only.

The Covers under Benefits 2.19, 2.20 and 2.21 are not available on a standalone basis and need to be availed in conjunction only.

### 2.22 Air Ambulance Cover

We will indemnify the amount up to the limit specified in the Policy Schedule for the reasonable expenses incurred by You for ambulance transportation in an airplane or helicopter for emergency life threatening health conditions which require immediate and rapid ambulance transportation from the site of first occurrence of the Illness /Accident to the nearest hospital provided that:

- We have accepted a Claim for In-patient Treatment or Day Care Treatment under the Policy and the air ambulance service relates to the same Illness / medical condition
- The necessity of the use of the Air Ambulance is certified by the treating Medical Practitioner;

Further,

- We will also provide cover under this Benefit if the Insured Person is required to be transferred from one Hospital to another Hospital or diagnostic centre for advanced diagnostic treatment where such facility is not available at the existing Hospital or the Insured Person is required to be moved to a better Hospital facility due to lack of available/adequate treatment facilities at the existing Hospital.
- Return transportation to Your home by air ambulance is excluded
- In case of Individual policy, this payout will available on individual basis and in case of Floater Policy the payout will be available on floater basis.
- The payment under this benefit is within the Base Sum Insured.

### 2.23 Critical Illness Cover

If the Insured Person is first diagnosed to be suffering from any of the following Critical Illnesses during the Policy Period, We will pay sum insured upto the limit specified in the Policy Schedule for this Cover, subject to the following:

- On payment of additional premium, cover would be provided to each individual for the Policy Period.
- We shall not be liable to accept any Claim under this Cover if it pertains to any Critical Illness diagnosed within 90 days of the commencement of the first Policy Period of this Cover with Us;
- We shall not be liable in case any of the Critical Illnesses is a consequence of or arises out of any Pre-Existing Condition(s)/Disease.
- We shall not be liable to make payment under this Cover for more than once in respect of any Insured Person across all Policy Periods;

Further,

- This cover is applicable on an individual basis irrespective of type of policy (Individual/ Floater) and available for Insured Persons aged 18 years or above.
- The payment under this benefit is over and above the Base Sum Insured and will not impact the Base Sum Insured or the Cumulative Bonus (if any).
- Once a Claim has been accepted and paid for any of the listed Critical Illness, this benefit shall cease in respect of that Insured Person, but shall continue to be in force for other Insured Persons.
- Notwithstanding any provision to the contrary in the Policy, this Cover will be applicable on a worldwide basis;
- In the event of a Claim arising under this Cover, We shall be given written notice of the Claim within 30 days from the date of the first diagnosis of the Critical Illness and We shall be provided the following information and documentation:

- The Claim documents stated in the Policy, provided that We will accept duly certified copies of the listed documents if the originals are required to be submitted to any other insurance company;
- Written confirmation of the diagnosis of the Critical Illness from the treating Medical Practitioner;

“Critical Illness” for the purpose of this Cover is as mentioned below:

- First diagnosis of the below-mentioned Illnesses more specifically described below
  1. Cancer of specified severity
  2. Kidney failure requiring regular dialysis;
  3. Multiple Sclerosis with persisting symptoms;
  4. Motor Neurone Disease with Permanent Symptoms
  5. Benign Brain Tumor
  6. Primary Pulmonary Hypertension
  7. End Stage Liver Failure
- Undergoing for the first time of the following surgical procedures, more specifically described below:
  8. Major Organ / Bone Marrow Transplant;
  9. Open heart replacement or repair of heart valves
  10. Open chest CABG
  11. Aorta Graft Surgery
- Occurrence for the first time of the following medical events more specifically described below:
  12. Coma of Specified Severity
  13. Stroke resulting in permanent symptoms;
  14. Permanent Paralysis of Limbs;
  15. First Heart Attack of specified severity.
  16. Third Degree (or Major) Burns
  17. Deafness
  18. Loss of Speech

The Critical Illnesses and the conditions applicable to the same are more particularly described in Annexure IV.

## 2.24 Personal Accident Cover

We will pay Sum Insured upto the limit specified in the Policy Schedule for this Cover, subject to the following:

- a) On payment of additional premium, cover would be provided to each individual for the Policy Period.
- b) We shall not be liable to make payment under this Cover for more than once in respect of any Insured Person across all Policy Periods;

Further,

- a) This cover is applicable on an individual basis irrespective of type of policy (Individual/Floater)
- b) The payment under this benefit is over and above the Base Sum Insured and will not impact the Base Sum Insured or the Cumulative Bonus (if any).
- c) Notwithstanding any provision to the contrary in the Policy, this Cover will be applicable on a worldwide basis;

### • Accidental Death

We will pay the Sum Insured upto the limit specified in the Policy Schedule if the Insured Person dies solely and directly due to an Injury sustained in an Accident which occurs during the Policy Period, provided that the Insured Person's death occurs within 12 months from the date of that Accident.

Once a Claim has been accepted and paid under this Benefit then this Policy will automatically terminate in respect of that Insured Person only.

### • Permanent Total Disablement (PTD)

We will pay the Sum Insured upto the limit specified in the Policy Schedule if the Insured Person suffers Permanent Total Disablement of the nature specified below solely and directly due to an Accident which occurs during the Policy Period provided that the Permanent Total Disablement occurs within 12 months from the date of that Accident:

- i) Loss of Use of both eyes, or Physical Separation/ Loss of Use of two entire hands or two entire feet, or one entire hand and one entire foot, or of such Loss of Use of one eye and such Physical Separation/ Loss of Use of one entire hand or one entire foot.
- ii) Physical Separation/ Loss of Use of two hands or two feet, or of one hand and one foot, or of Loss of Use of one eye and Loss of Use of one hand or one foot.
- iii) If such Injury shall as a direct consequence thereof, permanently, and totally, disable the Insured Person from engaging in any employment or occupation of any description whatsoever.

Once a Claim has been accepted and paid under this Benefit then the Personal Accident Cover will automatically terminate in respect of that Insured Person only.

## 2.25 Cap on Room Rent

If We have accepted a Claim for In-patient Hospitalization under the Policy and if the Insured Person incurs Room Rent that is higher than the eligible Room Rent as specified in the Policy Schedule then We will be liable to pay only a rateable proportion of the Associated Medical Expenses incurred in the proportion of the difference between the eligible Room Rent and the Room Rent actually incurred, provided that Reasonable and Customary costs incurred on medicines/pharmacy, medical consumables, medical implants and diagnostic costs will be reimbursed based on the actual amounts incurred.

Proportionate deductions will not be applied in respect of the hospitals which do not follow differential billing or for those expenses in respect of which differential billing is not adopted based on the room category. Further, proportionate deductions will not be applied in respect of ICU Charges.

In case this Cover is not opted for, Insured will get the eligible Room Rent and Associated Medical Expenses subject to Base Sum Insured including Cumulative Bonus and Restoration Benefit, if applicable.

Under this Cover, the Insured is entitled for a discount in the premium on opting for Cap on Room Rent.

## 3. WHAT WE WILL NOT PAY (EXCLUSIONS APPLICABLE UNDER THE POLICY)

We shall not be liable to make any payment under this Policy directly or indirectly for/ caused by/ based upon/ arising out of or howsoever attributable to any of the exclusions listed below. All waiting periods will apply individually to each Insured Person:

### Standard Exclusions

#### 3.1 Pre-Existing Diseases (Code – Excl01)

- a) Expenses related to the treatment of a pre-existing Disease (PED) and its direct complications shall be excluded until the expiry of 48/ 36/ 24 months (as mentioned in the Policy Schedule) of continuous coverage after the date of inception of the first policy with insurer.
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If the Insured Person is continuously covered without any break as defined under the portability norms of the extant IRDAI (Health Insurance) Regulations, then waiting period for the same would be reduced to the extent of prior coverage.
- d) Coverage under the policy after the expiry of 48 / 36/ 24 months (as mentioned in the Policy Schedule) for any pre-existing disease is subject to the same being declared at the time of application and accepted by Insurer.

#### 3.2 30 Day Waiting Period (Code – Excl03)

- a) Expenses related to the treatment of any illness within 30 days from the first policy commencement date shall be excluded except claims arising due to an accident, provided the same are covered.
- b) This exclusion shall not, however, apply if the Insured Person has Continuous Coverage for more than twelve months.
- c) The within referred waiting period is made applicable to the enhanced sum insured in the event of granting higher sum insured subsequently.

#### 3.3 Specified disease/ procedure waiting period (Code – Excl02)

- a) Expenses related to the treatment of the listed Conditions, surgeries/treatments shall be excluded until the expiry of 24 months of continuous coverage after the date of inception of the first policy with us. This exclusion shall not be applicable for claims arising due to an accident.
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If any of the specified disease/procedure falls under the waiting period specified for pre-Existing diseases, then the longer of the two waiting periods shall apply.
- d) The waiting period for listed conditions shall apply even if contracted after the policy or declared and accepted without a specific exclusion.
- e) If the Insured Person is continuously covered without any break as defined under the applicable norms on portability stipulated by IRDAI, then waiting period for the same would be reduced to the extent of prior coverage.
- f) List of specific diseases/procedures
  - a) Cataract\*;
  - b) Benign Prostatic Hypertrophy;
  - c) Myomectomy, Hysterectomy unless because of malignancy;

- d) All types of Hernia, Hydrocele;
- e) Fissures and/or Fistula in anus, haemorrhoids/piles;
- f) Arthritis, gout, rheumatism and spinal disorders;
- g) Joint replacements unless due to Accident;
- h) Sinusitis and related disorders;
- i) Stones in the urinary and biliary systems;
- j) Dilatation and curettage, Endometriosis;
- k) All types of skin and internal tumors/ cysts/ nodules/ polyps of any kind including breast lumps unless malignant;
- l) Dialysis required for chronic renal failure;
- m) Tonsillitis, adenoids and sinuses;
- n) Gastric and duodenal erosions and ulcers;
- o) Deviated nasal septum;
- p) Varicose Veins/ Varicose Ulcers.

\*Our maximum liability for any Claim for an Insured Person's cataract treatment shall be 10% of the Base Sum Insured up to a maximum of ₹100,000 per eye for each Policy Year of the Policy Period.

## Specific Exclusions

### 3.4 Maternity Benefit Waiting Period

Any treatment arising from or traceable to pregnancy, childbirth including caesarean section will not be covered until 36 months of continuous coverage has elapsed for that particular Insured Person since the inception of the Maternity Expenses Benefit under the Policy for that Insured Person.

This waiting period will be reduced by number of continuous preceding years of Maternity coverage of the Insured Person under previous health insurance policy by Us or any other health insurance plan with an Indian non-life insurer/ health insurer as per guidelines on portability issued by the insurance regulator.

### 3.5 Permanent Exclusions

We will not be liable under any circumstances, for any Claim in connection with or with regard to any of the following permanent exclusions as specified below:

## Standard Exclusions

### 1. Investigation & Evaluation (Code- Excl04)

- a) Expenses related to any admission primarily for diagnostics and evaluation purposes only are excluded.
- b) Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment are excluded

### 2. Rest Cure, rehabilitation and respite care (Code – Excl05)

- a) Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes:
  - i. Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non-skilled persons.
  - ii. Any services for people who are terminally ill to address physical, social, emotional and spiritual needs.

### 3. Obesity/ Weight Control (Code – Excl06)

Expenses related to the surgical treatment of obesity that does not fulfil all the below conditions:

- 1) Surgery to be conducted is upon the advice of the Doctor
- 2) The surgery/Procedure conducted should be supported by clinical protocols
- 3) The member has to be 18 years of age or older and
- 4) Body Mass Index (BMI);
  - a) greater than or equal to 40 or
  - b) greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss:
    - i. Obesity-related cardiomyopathy
    - ii. Coronary heart disease
    - iii. Severe Sleep Apnea
    - iv. Uncontrolled Type2 Diabetes

### 4. Change-of- Gender treatments (Code – Excl07)

Expenses related to any treatment, including surgical management, to change characteristics of the body to those of the opposite sex.

### 5. Cosmetic or plastic Surgery (Code – Excl08)

Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) or Cancer or as part of medically necessary treatment to remove a direct and immediate health risk to the insured. For this to be considered a

medical necessity, it must be certified by the attending Medical Practitioner.

### 6. Hazardous or Adventure sports: (Code- Excl09)

Expenses related to any treatment necessitated due to participation as a professional in hazardous or adventure sports, including but not limited to, para-jumping, rock climbing, mountaineering, rafting, motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.

### 7. Breach of law (Code – Excl10)

Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.

### 8. Excluded Providers: (Code- Excl11)

Expenses incurred towards treatment in any hospital or by any Medical Practitioner or any other provider specifically excluded by the Insurer and disclosed in its website / notified to the policyholders are not admissible. However, in case of life threatening situations or following an accident, expenses up to the stage of stabilization are payable but not the complete claim.

### 9. Code- Excl12

Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof

### 10. Code- Excl13

Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons.

### 11. Code- Excl14

Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioner as part of hospitalization claim or day care procedure.

### 12. Refractive Error (Code- Excl15)

Expenses related to the treatment for correction of eye sight due to refractive error less than 7.5 dioptries.

### 13. Unproven Treatments (Code – Excl16)

Expenses related to any unproven treatment, services and supplies for or in connection with any treatment. Unproven treatments are treatments, procedures or supplies that lack significant medical documentation to support their effectiveness.

### 14. Sterility and Infertility (Code- Excl17)

Expenses related to sterility and infertility. This includes:

- i. Any type of contraception, sterilization
- ii. Assisted Reproduction services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI
- iii. Gestational Surrogacy
- iv. Reversal of sterilization

### 15. Maternity (Code- Excl18)

- i. Medical treatment expenses traceable to childbirth (including complicated deliveries and caesarean sections incurred during hospitalisation) except ectopic pregnancy
- ii. Expenses towards miscarriage (unless due to an accident) and lawful medical termination of pregnancy during the policy period.

## Specific Exclusions

- 16. Costs of routine medical, eye or ear examinations preventive health check-ups, spectacles, laser surgery for correction of refractory errors, contact lenses, hearing aids, dentures or artificial teeth;
- 17. Any expenses incurred on prosthesis, corrective devices, external durable medical equipment of any kind, like wheelchairs, crutches, instruments used in treatment of sleep apnea syndrome or continuous ambulatory peritoneal dialysis (C.A.P.D.) and oxygen concentrator for bronchial asthmatic condition, cost of cochlear implant(s) unless necessitated by an Accident or required intra-operatively;
- 18. Any expenses incurred on personal comfort, cosmetics, convenience and hygiene related items and services, medical supplies including elastic stockings, diabetic test strips, and similar products.
- 19. Expenses incurred on all dental treatment unless necessitated due to an Accident and treatment is taken in in-patient department of hospital or day care centre;
- 20. Acupressure, acupuncture, magnetic and such other therapies;
- 21. Circumcision unless necessary for treatment of an illness or necessitated due to an Accident;
- 22. Vaccination or inoculation of any kind, unless it is post animal bite and there is hospitalisation as an in-patient;

23. Intentional self-injury (whether arising from an attempt to commit suicide or otherwise)
24. Treatment relating to Congenital external Anomalies;
25. Any treatment related to sleep disorder or sleep apnoea syndrome, general debility, convalescence, run-down condition;
26. Costs incurred for any health check-up or for the purpose of issuance of medical certificates and examinations required for employment or travel or any other such purpose;
27. Any treatment taken outside India;
28. Any treatment taken from anyone not falling within the scope of definition of Medical Practitioner. Any treatment charges or fees charged by any Medical Practitioner acting outside the scope of licence or registration granted to him by any medical council;
29. Any consequential or indirect loss arising out of or related to Hospitalization;
30. Any Injury or Illness directly or indirectly caused by or arising from or attributable to war, invasion, acts of foreign enemies, hostilities (whether war be declared or not), civil war, commotion, unrest, rebellion, revolution, insurrection, military or usurped power or confiscation or nationalisation or requisition of or damage by or under the order of any government or public local authority;
31. Any Illness or Injury directly or indirectly caused by or contributed to by nuclear weapons/materials or contributed to or arising from ionising radiation or contamination by radioactivity by any nuclear fuel or from any nuclear waste or from the combustion of nuclear fuel;
32. All non-medical expenses listed in Annexure III (List I) of the Policy.
33. Any OPD treatment will not be covered
34. Treatment and supplies for analysis and adjustments of spinal subluxation, diagnosis and treatment by manipulation of the skeletal structure; muscle stimulation by any means except treatment of fractures (excluding hairline fractures) and dislocations of the mandible and extremities.
35. Treatment such as External Counter Pulsation (ECP), Enhanced External Counter Pulsation (EECP), and Hyperbaric Oxygen Therapy will not be covered unless it forms a part of In-Patient Treatment in case of hospitalisation or part of discharge advice upto the Post hospitalisation period as specified in the Policy Schedule.
36. Any physical, medical condition or treatment that is specifically excluded in the Policy Schedule under Important Conditions.

#### 4. CLAIM ADMINISTRATION

The fulfillment of the terms and conditions of this Policy (including payment of premium by the due dates mentioned in the Policy Schedule) insofar as they relate to anything to be done or complied with by You or any Insured Person, including complying with the following in relation to claims, shall be Condition Precedent to admission of Our liability under this Policy:

- a) On the occurrence or discovery of any Illness or Injury that may give rise to a Claim under this Policy, the Claims Procedure set out below shall be followed;
- b) If requested by Us and at Our cost, the Insured Person must submit to medical examination by Our nominated Medical Practitioner as often as We consider reasonable and necessary and We/Our representatives must be permitted to inspect the medical and Hospitalization records pertaining to the Insured Person's treatment and to investigate the facts surrounding the Claim. Such medical examination will be carried out only in case of reimbursement claims with prior consent of the Insured Person;
- c) We/Our representatives must be given all reasonable co-operation in investigating the claim in order to assess Our liability and quantum in respect of such Claim;
- d) If the Insured Person suffers a relapse within 45 days of the date of discharge from Hospital for a Claim that has been made, then such relapse shall be deemed to be part of the same Claim and all limits for Any One Illness under this Policy shall be applied as if they were part of a single claim.

#### 5. CLAIMS PROCEDURE

On the occurrence or discovery of any Illness or Injury that may give rise to a Claim under this Policy, then as a Condition Precedent to Our liability under the Policy the following procedure shall be complied with:

##### 5.1 For Cashless Facility

Cashless Facility is only available at a Network Provider. The complete list of Network Providers is available on Our website (The list is updated as and when there is any change in the Network Provider) or can be obtained from Our call centre. In order to avail of Cashless Facility, the following procedure shall be followed:

##### a) Pre-authorization for Planned Hospitalization:

At least 48 hours prior to a planned Hospitalization, We or Our TPA shall be contacted to request pre-authorization for availing the Cashless Facility for that planned Hospitalisation. Each such request must be accompanied by all the following details:

- i) Pre-authorization form available at the hospital helpdesk to be duly filled in and signed by Insured and treating doctor
- ii) Copy of the Health Card We have issued to the Insured Person;
- iii) Proposed date of Admission.
- iv) Medical papers viz. All prescriptions, medical investigation reports etc.
- v) Photo ID
- vi) Address proof, and photo to comply with KYC norms

If the foregoing information is not provided in full or is insufficient to ascertain the eligibility of the Claim under the Policy, then We/Our TPA will request additional information or documentation in respect of that request.

Once there is sufficient information to assess the eligibility of the Claim under the Policy, We/Our TPA will issue the authorisation letter specifying the sanctioned amount, any specific limitation on the Claim and non-payable items, if applicable, or reject the request for pre authorisation specifying reasons for the rejection.

Turn Around Time (TAT) for issue of Pre-Authorization within 6 hours from receipt of complete documents

In Case of Claim Contact Us at:

24x7 Toll Free number: 1800 266 4545 or may write an e- mail at care@kotak.com

In the event of claims, please send the relevant documents to:

Family Health Plan (TPA) Ltd,  
Srinilaya - Cyber Spazio

Suite # 101, 102, 109 & 110, Ground Floor, Road No. 2, Banjara Hills,  
Hyderabad, 500 034.

##### b) Pre-authorization for Emergency Care:

If the Insured Person has been admitted into Hospital for Emergency Care, We or Our TPA shall be contacted to request pre-authorization for availing the Cashless Facility for that Emergency Care within 24 hours of commencement of Hospitalisation. Each such request must be accompanied by all the following details:

- i) Pre-authorization form available at the hospital helpdesk to be duly filled in and signed by Insured and treating doctor
- ii) Copy of the Health Card We have issued to the Insured Person;
- iii) Medical papers viz. All prescriptions, medical investigation reports etc.
- iv) Photo ID
- v) Address proof, and photo to comply with KYC norms

If the foregoing information is not provided in full or is insufficient to ascertain the eligibility of the Claim under the Policy, then We/ Our TPA will request additional information or documentation in respect of that request.

Once there is sufficient information to assess the eligibility of the Claim under the Policy, We/Our TPA will issue the authorisation letter specifying the sanctioned amount, any specific limitation on the Claim and non-payable items, if applicable, or reject the request for pre authorisation specifying reasons for the rejection. In circumstances where We/Our TPA refuse the request for pre-authorisation as there is insufficient Base Sum Insured or there is insufficient information to determine the admissibility of the request for pre-authorisation, a claim for reimbursement may be submitted to Us in accordance with the procedure set out below and We will consider the Claim in accordance with the policy terms, conditions and exclusions.

Turn Around Time (TAT) for settlement of Reimbursement is within 30 days from the receipt of the complete documents.

We reserve the right to modify, add or restrict any Network Provider for Cashless Facilities in Our sole discretion. Before availing Cashless Facilities, please check the applicable updated list of Network Providers on Our website or by calling Our call centre.

##### 5.2 For Reimbursement Claims

We shall be given written notice of the Claim for reimbursement along with the following details at least within 30 days of the Insured Person's discharge from Hospital:

- i) The Policy Number;
- ii) Name of the Policyholder;
- iii) Name and address of the Insured Person in respect of whom the request is being made;

- iv) Nature of Illness or Injury and the treatment/surgery taken;
- v) Name and address of the attending Medical Practitioner;
- vi) Hospital where treatment/surgery was taken;
- vii) Date of Admission and date of discharge;
- viii) Approximate claim amount (if available)
- ix) Any other information that may be relevant to the Illness/ Injury/ Hospitalization.

If the Claim is not notified to Us within 30 days of the Insured Person's discharge from Hospital, then We shall be provided the reasons for the delay in writing. We will condone such delay on merits where the delay has been proved to be for reasons beyond the claimant's control.

## 6. CLAIM DOCUMENTS

We shall be provided the following necessary information and documentation in respect of all Claims within 30 days of the Insured Person's discharge from Hospital. For Claims under which the use of Cashless Facility has been approved, We will be provided with these documents by the Network Provider immediately following the Insured Person's discharge from Hospital:

- a) Duly completed Claim form signed by You and the Medical Practitioner (only for reimbursement claims);
- b) Hospital discharge summary;
- c) First consultation and follow up treatment papers;
- d) Original bills and receipts from the Hospital/Medical Practitioner;
- e) Original bills from chemists supported by proper prescription;
- f) Original investigation test reports (including CT/MR/USG/ECG, as applicable) and payment receipts;
- g) Indoor case papers, if available;
- h) Implant Invoice/ Sticker, if available;
- i) Ambulance Invoice, if applicable;
- j) FIR (if done) or MLC (if conducted) for Accident cases ;
- k) Post mortem report (if conducted);
- l) KYC documents viz. Photo ID and address proof along with duly completed form.
- m) Any other document as required by Us or Our TPA to investigate the Claim or Our obligation to make payment for it.

For claims under which cashless facility has been approved, following documents will be provided by the Network hospital along with the above:

- n) Original Pre – authorization request
- o) Copy of Pre – authorization approval letter
- p) Copy of the photo identity document of the Insured Person;
- q) KYC documents obtained at the time of cashless facility.

### • Additional Documents for Personal Accident Cover:

#### Accidental Death

- a) Original Death certificate issued by the office of Registrar of Birth & Deaths;
- b) Death summary issued by a Hospital, if applicable;

### • Permanent Total Disablement (PTD) resulting from Accident

- a) Original treating Medical Practitioner's certificate describing the disablement;
- b) Photograph of the Insured Person reflecting the disablement;
- c) Prescriptions and consultation papers of the treatment;
- d) Any other medical, investigation reports, inpatient or consultation treatment papers, as applicable

### • Critical Illness Claim Documents

- a) Common list of documents for all Critical Illness:
  - 1) Duly completed claim form;
  - 2) Certificate from the attending Medical Practitioner of the Insured Person confirming, inter alia,
    - i. Name of the Insured Person;
    - ii. Name, date of occurrence and medical details confirming the event giving rise to the Claim.
    - iii. Written confirmation from the treating Medical Practitioner that the event giving rise to the Claim does not relate to any Pre-Existing Disease or any Illness or Injury which was diagnosed within the first 90 days of commencement of first Policy Period with Us.
  - 3) Original Policy document;
  - 4) Original Discharge Certificate/Death Summary/Card from the hospital/ Medical Practitioner;
  - 5) Original investigation test reports, indoor case papers;
  - 6) In the cases where Critical Illness arises due to an Accident, FIR copy

or medico legal certificate (if done/conducted) will also be required wherever conducted. We may call for any additional necessary documents/information as required based on the circumstances of the claim.

7) Any other documents as may be required by Us.

If the Claim is not notified to Us within the time period specified above, then We shall be provided the reasons for the delay in writing. We will condone such delay on merits where the delay has been proved to be for reasons beyond the claimant's control.

b) Specific Documentation Required for each of the Critical Illnesses Please note that the following are illustrative lists and we may seek additional documentation based on the facts and circumstances of the Claim and if done/conducted/available

#### 1) CANCER OF SPECIFIED SEVERITY

- i. Hospital Discharge Card photocopy
- ii. Hospital Bills photocopy
- iii. Pharmacy/Investigations Bills
- iv. Investigations Reports
- v. Details of the treatment received by the Insured Person from the inception of the ailment.
- vi. Letter from treating consultant stating presenting complaints with duration and the past medical history.
- vii. Histopathology / Cytology / FNAC / Biopsy / Immuno histochemistry reports.
- viii. X-Ray / CT scan / MRI scan / USG / Radioisotope / Bone scan Reports.
- ix. Blood Tests.
- x. Any other specific investigation done to support the diagnosis like the PAP Smear/ Mammography, etc.
- xi. Any other documents as may be required by Us.

#### 2) KIDNEY FAILURE REQUIRING REGULAR DIALYSIS

- i. Hospital Discharge Card photocopy
- ii. Photocopy Hospital Bills.
- iii. Pharmacy/Investigations Bills
- iv. Investigations Reports
- v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
- vi. Blood Tests- Renal Function Tests specifically: Serum Creatinine, Blood Urea Nitrogen, Serum Electrolytes done in the recent past (Not more than Two Week period from the date of intimation of Loss)
- vii. Dialysis Papers/Receipts done in recent past.
- viii. Renal scan
- ix. Letter from the nephrologists stating the diagnosis of End Stage Kidney Failure.
- x. Any other documents as may be required by Us.

#### 3) MULTIPLE SCLEROSIS WITH PERSISTING SYMPTOMS

- i. Hospital Discharge Card photocopy
- ii. Photocopy Hospital Bills.
- iii. Pharmacy/Investigations Bills
- iv. Investigations Reports
- v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
- vi. MRI / CT Scan Report.
- vii. Electro-myogram report
- viii. Biopsy / Cytology Report
- ix. Specific Blood Tests: Creatinine Phosphokinase /Anti-nuclear antibodies, C- reactive protein /autoimmune work up
- x. Any other relevant Blood investigations.
- xi. Confirmation from the Central/State Government Hospital about diagnosis of Multiple Sclerosis and the duration of the same.
- xii. Any other documents as may be required by Us.

#### 4) MOTOR NEURONE DISEASE WITH PERMANENT SYMPTOMS

- i. Hospital Discharge Card photocopy (in case of Hospitalization)
- ii. Investigations Reports like Blood tests, EEG, Nerve Conduction test, etc
- iii. MRI / CT scan Reports or any other Imaging technique Used during the diagnosis and treatment
- iv. Electro-myogram Report

- v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Subsequent details of the Treatment, with the Consultation papers from the Treating Neurologist/ Physician stating the Neurological deficit and the degree/current status
  - vii. Any other document as may be required by the company
- 5) BENIGN BRAIN TUMOR
- i. Hospital Discharge Card photocopy
  - ii. Hospital Bills photocopy
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Details of the treatment received by the Insured Person from the inception of the ailment.
  - vi. Letter from treating consultant stating presenting complaints with duration and the past medical history.
  - vii. Histopathology / Cytology / FNAC / Biopsy / Immuno histochemistry reports.
  - viii. X-Ray / CT scan / MRI scan / USG / Radioisotope / Bone scan Reports.
  - ix. Blood Tests.
  - x. Neurological examination report by Neurologist
  - xi. Any other documents as may be required by Us.
- 6) PRIMARY PULMONARY HYPERTENSION
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. MRI / CT Scan Report.
  - vii. Echocardiography report
  - viii. Computed tomography (CT), magnetic resonance imaging (MRI), and lung scanning
  - ix. Pulmonary angiography
  - x. Any other documents as may be required by Us.
- 7) END STAGE LIVER DISEASE / FAILURE
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Ultrasound scan of liver
  - vii. CT and/or MRI scan of the liver
  - viii. X-ray and Liver function test
  - ix. Biopsy / FNAC (where applicable)
  - x. Any other documents as may be required by Us.
- 8) MAJOR ORGAN / BONE MARROW TRANSPLANT
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Scan / Histopathology / Cytology / FNAC / Biopsy report suggesting irreversible & non-compensatory changes of the particular organ. 8 Bone Marrow Biopsy Reports (Specifically In Case of Bone Marrow Transplant)
  - vii. Letter from a specialist Doctor confirming the need of transplantation (Organs Specified are: Heart, lung, Liver, pancreas, kidney, bone marrow)
  - viii. Any other documents as may be required by Us.
- 9) OPEN HEART REPLACEMENT OR REPAIR OF HEART VALVES
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. X-ray and 2D-Echocardiography Report.
  - vii. Letter from the Cardiologist / Cardiothoracic Surgeon suggesting valve replacement with the type of valve to be used.
  - viii. Any other documents as may be required by Us.
- 10) OPEN CHEST CABG
- i. Photocopy Hospital Discharge Card
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. ECG at the time of detection of Coronary Artery Disease and Subsequent ECG's
  - vii. Stress test/ Tread Mill Test
  - viii. Letter from treating consultant suggesting Coronary Angiography and CABG
  - ix. Coronary Angiography report / CT Angiography Report
  - x. Cardiac Enzymes Tests: Troponin T/Troponin I, CPK / CPK-MB, SGOT / SGPT,
  - xi. LDH / Electrolytes
  - xii. X-ray / 2D-Echocardiography Report
  - xiii. Thallium Scan Report
  - xiv. Any other documents as may be required by Us.
- 11) AORTA GRAFT SURGERY
- i. Photocopy Hospital Discharge Card
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. ECG at the time of detection of Coronary Artery Disease and Subsequent ECG's
  - vii. Stress test/ Tread Mill Test
  - viii. Letter from treating consultant suggesting Coronary Angiography and CABG
  - ix. Coronary Angiography report / CT Scan
  - x. Cardiac Enzymes Tests: Troponin T/Troponin I, CPK / CPK-MB, SGOT / SGPT,
  - xi. LDH / Electrolytes
  - xii. X-ray / 2D-Echocardiography Report
  - xiii. Thallium Scan Report
  - xiv. Bio-markers for Aortic dissection
  - xv. Any other documents as may be required by Us.
- 12) COMA OF SPECIFIED SEVERITY
- i. Hospital Discharge Card photocopy
  - ii. Investigations Reports like Blood tests, EEG, etc
  - iii. MRI / CT scan Reports or any other Imaging technique Used during the diagnosis and treatment
  - iv. Subsequent details of the Treatment, with the Consultation papers from the Treating Neurologist/ Physician stating the Glasgow coma scale grading.
  - v. Indoor case papers and / or ICU case papers indicating the history, signs, symptoms, line of treatment and daily charts like TPR, etc
  - vi. FIR / MLC / Panch nama for accident induced coma
  - vii. Any other document as may be required by the company
- 13) STROKE RESULTING IN PERMANENT SYMPTOMS
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Subsequent details of the Treatment, with the Consultation papers from the Treating Neurologist/ Physician stating the Neurological deficit.
  - vii. MRI / CT scan/ 2D Echocardiography Reports or any other Imaging technique Used during the diagnosis and treatment of the Stroke

- viii. Blood tests (Lipid profile/Random Blood Sugar / Prothrombin Time/APTT/Bleeding Time/ Clotting Time/Homocystiene levels)
  - ix. Any other documents as may be required by Us.
- 14) PERMANENT PARALYSIS OF LIMBS
- i. Hospital Discharge Card photocopy
  - ii. Investigations Reports
  - iii. MRI / CT scan Reports or any other Imaging technique Used during the diagnosis and treatment of the Stroke
  - iv. Electro-myogram Report
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Subsequent details of the Treatment, with the Consultation papers from the Treating Neurologist/ Physician stating the Neurological deficit and the degree/current status and duration of the Paralysis.
  - vii. Any other document as may be required by the company
- 15) FIRST HEART ATTACK - OF SPECIFIED SEVERITY
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Casualty Medical Officers/Emergency room papers with all details of Presenting Complaints and the Medical Examination by the attending physician.
  - vi. Subsequent Consultation Papers with the treating Medical Practitioner and the treatment received
  - vii. ECG on admission and subsequent ECG's
  - viii. Stress test/ Tread Mill Test
  - ix. Cardiac Enzymes Tests: Troponin T/Troponin I, CPK / CPK-MB, SGOT / SGPT, LDH / Electrolytes
  - x. X-ray / 2D-Echocardiography Report
  - xi. Thallium Scan Report
  - xii. Any other documents as may be required by Us.
- 16) THIRD DEGREE (OR MAJOR) BURNS
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports, treatment papers
  - v. Certificate from the treating specialist Doctor indicating the classification / degree of burns
  - vi. Following medico-legal documents if applicable
    - i) FIR
    - ii) Panchanama
    - iii) Inquest Panchanama
    - iv) Police Final Report/Charge Sheet (Based on FIR)
  - vii. Any other documents as may be required by Us.
- 17) DEAFNESS OR LOSS OF HEARING
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Pure tone testing report
  - vii. Audiometry report
  - viii. Confirmation of Diagnosis by ENT specialist along with duration
  - ix. All treatment papers and medical investigation test reports
  - x. Any other documents as may be required by Us.
- 18) LOSS OF SPEECH
- i. Hospital Discharge Card photocopy
  - ii. Photocopy Hospital Bills.
  - iii. Pharmacy/Investigations Bills
  - iv. Investigations Reports
  - v. Consultation Paper stating the presenting complaints with duration, past medical history with duration, treatment and medication advised.
  - vi. Confirmation of Diagnosis by ENT specialist along with cause and duration
  - vii. All treatment papers and medical investigation test reports

Any other documents as may be required by Us.

## • Claims For Pre-Hospitalisation Medical Expenses And Post Hospitalisation Medical Expenses

- a) All Claims for Pre-Hospitalisation Medical Expenses shall be submitted to Us within 30 days of the Insured Person's discharge from Hospital along with the following information and documentation:
  - i) Duly Completed Claim Form
  - ii) Investigation Payment Receipt
  - iii) Original Investigation Report
  - iv) Original Pharmacy Bills
  - v) Original Pharmacy Prescription
  - vi) Copy of Discharge Summary
- b) All Claims for Post-Hospitalisation Medical Expenses shall be submitted to Us within 30 days of the completion of post hospitalisation period as mentioned in your plan. You need to send Medical Expenses being incurred along with the following information and documentation:
  - i) Duly Completed Claim Form
  - ii) Original bills and receipts from the Hospital/ Medical Practitioner;
  - iii) Investigation Payment Receipt
  - iv) Original Investigation Report
  - v) Original Pharmacy Bills
  - vi) Original Pharmacy Prescription
  - vii) Copy of Discharge Summary

## PART III

### General Terms and Clauses

#### Standard General Terms and Clauses

##### 1. Disclosure of Information

The policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis description or non disclosure of any material fact by the policyholder.

(Explanation: "Material facts" for the purpose of this policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk)

##### 2. Condition Precedent to Admission of Liability

The terms and conditions of the policy must be fulfilled by the insured person for the Company to make any payment for claim(s) arising under the policy.

##### 3. Complete Discharge

Any payment to the policyholder, insured person or his/ her nominees or his/ her legal representative or assignee or to the Hospital, as the case may be, for any benefit under the policy shall be a valid discharge towards payment of claim by the Company to the extent of that amount for the particular claim.

##### 4. Multiple Policies

- i. In case of multiple policies taken by an insured person during a period from one or more insurers to indemnify treatment costs, the insured person shall have the right to require a settlement of his/her claim in terms of any of his/her policies. In all such cases the insurer chosen by the insured person shall be obliged to settle the claim as long as the claim is within the limits of and according to the terms of the chosen policy.
- ii. Insured person having multiple policies shall also have the right to prefer claims under this policy for the amounts disallowed under any other policy / policies even if the sum insured is not exhausted. Then the insurer shall independently settle the claim subject to the terms and conditions of this policy.
- iii. If the amount to be claimed exceeds the sum insured under a single policy, the insured person shall have the right to choose insurer from whom he/she wants to claim the balance amount.
- iv. Where an insured person has policies from more than one insurer to cover the same risk on indemnity basis, the insured person shall only be indemnified the treatment costs in accordance with the terms and conditions of the chosen policy.

##### 5. Fraud

If any claim made by the insured person, is in any respect fraudulent, or if any false statement, or declaration is made or used in support thereof, or if any fraudulent means or devices are used by the insured person or anyone acting on his/her behalf to obtain any benefit under this policy, all benefits under this policy and the premium paid shall be forfeited.



Any amount already paid against claims made under this policy but which are found fraudulent later shall be repaid by all recipient(s)/policyholder(s), who has made that particular claim, who shall be jointly and severally liable for such repayment to the insurer.

For the purpose of this clause, the expression "fraud" means any of the following acts committed by the insured person or by his agent or the hospital/doctor/any other party acting on behalf of the insured person, with intent to deceive the insurer or to induce the insurer to issue an insurance policy:

- a) the suggestion, as a fact of that which is not true and which the insured person does not believe to be true;
- b) the active concealment of a fact by the insured person having knowledge or belief of the fact;
- c) any other act fitted to deceive; and
- d) any such act or omission as the law specially declares to be fraudulent

The Company shall not repudiate the claim and / or forfeit the policy benefits on the ground of Fraud, if the insured person / beneficiary can prove that the misstatement was true to the best of his knowledge and there was no deliberate intention to suppress the fact or that such misstatement of or suppression of material fact are within the knowledge of the insurer.

#### 6. Free Look Period

The Free Look Period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy.

The insured person shall be allowed free look period of fifteen days from date of receipt of the policy document to review the terms and conditions of the policy, and to return the same if not acceptable.

If the insured has not made any claim during the Free Look Period, the insured shall be entitled to

- i. a refund of the premium paid less any expenses incurred by the Company on medical examination of the insured person and the stamp duty charges or
- ii. where the risk has already commenced and the option of return of the policy is exercised by the insured person, a deduction towards the proportionate risk premium for period of cover or
- iii. Where only a part of the insurance coverage has commenced, such proportionate premium commensurate with the insurance coverage during such period;

#### 7. Cancellation

- i. The policyholder may cancel this policy by giving 15days' written notice and in such an event, the Company shall refund premium for the unexpired policy period as detailed below.

For Policyholder's initiated cancellation, the Company would compute refund amount as pro-rata (for the unexpired duration) premium. This would further be deducted by 25% of computed refundable premium.

Notwithstanding anything contained herein or otherwise, no refunds of premium shall be made in respect of Cancellation where, any claim has been admitted or has been lodged or any benefit has been availed by the insured person under the policy.

- ii. The Company may cancel the policy at any time on grounds of misrepresentation non-disclosure of material facts, fraud by the insured person by giving 15 days' written notice. There would be no refund of premium on cancellation on grounds of misrepresentation, non disclosure of material facts or fraud.

#### 8. Portability

The insured person will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.

For Detailed Guidelines on Portability, kindly refer:

IRDAI/HLT/REG/CIR/003/01/2020

#### 9. Migration

The insured person will have the option to migrate the policy to other health insurance products/plans offered by the company by applying for migration of the policy atleast 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the insured person will get the

accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.

For Detailed Guidelines on Migration, kindly refer:

IRDAI/HLT/REG/CIR/003/01/2020

#### 10. Renewal of Policy

The policy shall ordinarily be renewable except on grounds of fraud, misrepresentation by the insured person.

- i. The Company shall endeavor to give notice for renewal. However, the Company is not under obligation to give any notice for renewal.
- ii. Renewal shall not be denied on the ground that the insured person had made a claim or claims in the preceding policy years.
- iii. Request for renewal along with requisite premium shall be received by the Company before the end of the policy period.
- iv. At the end of the policy period, the policy shall terminate and can be renewed within the Grace Period of atleast 30 days to maintain continuity of benefits without break in policy. Coverage is not available during the grace period.
- v. No loading shall apply on renewals based on individual claims experience.

#### 11. Withdrawal of Policy

- i. In the likelihood of this product being withdrawn in future, the Company will intimate the insured person about the same 90 days prior to expiry of the policy.
- ii. Insured Person will have the option to migrate to similar health insurance product available with the Company at the time of renewal with all the accrued continuity benefits such as cumulative bonus, waiver of waiting period as per IRDAI guidelines, provided the policy has been maintained without a break.

#### 12. Premium Payment in Instalments

If the insured person has opted for Payment of Premium on an instalment basis i.e. Half Yearly, Quarterly or Monthly, as mentioned in the policy Schedule/Certificate of Insurance, the following Conditions shall apply (notwithstanding any terms contrary elsewhere in the policy)

- i. Grace Period of 15 days would be given to pay the instalment premium due for the policy.
- ii. During such grace period, coverage will not be available from the due date of instalment premium till the date of receipt of premium by Company.
- iii. The insured person will get the accrued continuity benefit in respect of the "Waiting Periods", "Specific Waiting Periods" in the event of payment of premium within the stipulated grace Period.
- iv. No interest will be charged If the instalment premium is not paid on due date.
- v. In case of instalment premium due not received within the grace period, the policy will get cancelled.
- vi. In the event of a claim, all subsequent premium instalments shall immediately become due and payable.
- vii. The company has the right to recover and deduct all the pending installments from the claim amount due under the policy.

#### 13. Possibility of Revision of Terms of the Policy Including the Premium Rates

The Company, with prior approval of IRDAI, may revise or modify the terms of the policy including the premium rates. The insured person shall be notified three months before the changes are effected.

#### 14. Moratorium Period

After completion of eight continuous years under the policy no look back to be applied. This period of eight years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of 8 continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance claim shall be contestable except for proven fraud and permanent exclusions specified in the policy contract. The policies would however be subject to all limits, sub limits, co-payments, deductibles as per the policy contract.

#### 15. Nomination

The policyholder is required at the inception of the policy to make a nomination for the purpose of payment of claims under the policy in the event of death of the policyholder. Any change of nomination shall be communicated to the company in writing and such change shall be effective only when an endorsement on the policy is made. In the event of death of the policyholder, the Company will pay the nominee (as named in the Policy Schedule/Policy Certificate/Endorsement(if any)) and in case there is no subsisting nominee, to the legal heirs or legal representatives of

the policyholder whose discharge shall be treated as full and final discharge of its liability under the policy.

## 16. Redressal of Grievance

In case of any grievance the insured person may contact the company through

Website: [www.kotakgeneral.com](http://www.kotakgeneral.com)

Toll free: 18002664545

E-mail: [care@kotak.com](mailto:care@kotak.com)

Fax: 022-28401823

Courier: Kotak General Insurance 2nd Floor, Zone II, Building No.21, Infinity IT park, Off Western Express Highway, Goregaon, Mulund Link Road, Malad (E), Mumbai - 400097.

Insured person may also approach the grievance cell at any of the company's branches with the details of grievance

If Insured person is not satisfied with the redressal of grievance through one of the above methods, insured person may contact the grievance officer at [grievanceofficer@kotak.com](mailto:grievanceofficer@kotak.com)

For updated details of grievance officer, kindly refer the link:

<https://www.kotakgeneral.com/customer-support/grievance-redressal-process>

For senior citizens, please contact the respective branch office of the Company or call at 18002664545 or may write an e-mail at [seniorcitizen@kotak.com](mailto:seniorcitizen@kotak.com)

If Insured person is not satisfied with the redressal of grievance through above methods, the insured person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017.

The details of the Insurance Ombudsman is available at: <https://www.kotakgeneral.com/customer-support/grievance-redressal-process>

The updated details of Insurance Ombudsman offices are also available on the website of Council for Insurance Ombudsmen

[www.cioins.co.in/ombudsman](http://www.cioins.co.in/ombudsman)

The details of the Insurance Ombudsman is available at Annexure I

Grievance may also be lodged at IRDAI Integrated Grievance Management System:

<https://igms.irda.gov.in/>

## 17. Claim Settlement (Provision for Penal Interest)

- i. The Company shall settle or reject a claim, as the case may be, within 30 days from the date of receipt of last necessary document.
- ii. In the case of delay in the payment of a claim, the Company shall be liable to pay interest to the policyholder from the date of receipt of last necessary document to the date of payment of claim at a rate 2% above the bank rate.
- iii. However, where the circumstances of a claim warrant an investigation in the opinion of the Company, it shall initiate and complete such investigation at the earliest, in any case not later than 30 days from the date of receipt of last necessary document. In such cases, the Company shall settle or reject the claim within 45 days from the date of receipt of last necessary document.
- iv. In case of delay beyond stipulated 45 days, the Company shall be liable to pay interest to the policyholder at a rate 2% above the bank rate from the date of receipt of last necessary document to the date of payment of claim.

(Explanation: "Bank rate" shall mean the rate fixed by the Reserve Bank of India (RBI) at the beginning of the financial year in which claim has fallen due).

## Specific Terms and Clauses

### 1. Eligibility

Self, Your legally married spouse, Your natural or adopted dependent children, Your parents, Your parents-in-law and Your siblings  
Natural/ Appointed Guardian can also take insurance for minor under their guardianship.

In case of multiple Insured Person(s) covered under a Policy, the covers mentioned in Part II are applicable to all the Insured Person(s) in accordance with the premium paid and Plan opted unless specifically excluded as per the terms and conditions of the respective Cover.

### 2. Material Change

Material information to be disclosed to Us includes every matter that You are aware of or could reasonably be expected to know that relates to questions in the Proposal Form and which is relevant to Us in order to accept the risk and the terms of acceptance of the risk.

## 3. No constructive Notice

Any knowledge or information of any circumstances or condition in Your connection in possession of any of Our personnel and not specifically informed to Us by You shall not be held to bind or prejudicially affect Us notwithstanding subsequent acceptance of any premium.

## 4. Terms and condition of the Policy

The terms and conditions contained herein and in the Policy Schedule shall be deemed to form part of the Policy and shall be read together as one document.

## 5. Zone Classification

Zone I: Mumbai (including Thane and Navi Mumbai) and Delhi (including NCR areas)

Zone II: Kolkata, Hyderabad, Chennai, Pune, Bangalore and Gujarat

Zone III: Rest of India excluding the locations mentioned under Zone I & Zone II

- Identification of Zone will be based on the city of the Proposer.
- A single Zone shall be applicable to all members covered under the Policy.
- You also have an option of selecting another Zone from the applicable Zones of any of the Insured Person(s) in the Policy.
- Option to select a Zone higher than that of the actual Zone is available on payment of relevant premium at the time of buying the Policy or at the time of Renewal.
- Aforesaid Co-payments for claims occurring outside of the Zone will not apply in case of Hospitalisation due to an Accident.

### Co-payment

- Persons paying Zone I premium can avail treatment all over India without any Co-payment.
- Persons paying Zone II premium can avail treatment in Zone II and Zone III without any co-payment
- Persons paying Zone III premium can avail treatment in Zone III only without any co-payment

### Co-payment for treatment in a Higher Zone

In case of treatment taken in a city, in a Zone higher than the eligible Zone for the Insured Person, the Co-payment percentages as below shall apply:

Applicable Zone	Treatment Taken at	Co-payment applicable
Zone II	Zone I	10%
Zone III	Zone I	20%
Zone III	Zone II	10%

## 6. Underwriting and Loadings

We may apply a risk loading up to a maximum of 200 % per Insured Person on the premium payable (excluding statutory levies & taxes) based on the declarations made in the proposal form and the health status of the persons proposed for insurance.

Loadings will be applied from Inception Date of the first Policy including subsequent renewal(s). There will be no loadings based on individual claims experience.

In case of loading on 2 or more ailments, the loadings shall apply in conjunction, however maximum risk loading per individual shall not exceed 200% of Premium excluding applicable Taxes.

We will inform You about the applicable risk loading or special condition through a counter offer letter and We will only issue the Policy once We receive your consent on the applicable additional premium.

In case policies are accepted with loadings, waiting period for Pre-Existing Disease Waiting Period (Section 3.1) as well as 2 Year Waiting Period (Section 3.3) shall continue to be applicable.

## 7. Cause of Action / Currency for payments

No Claims shall be payable under this Policy unless the cause of action arises in India, unless otherwise specifically provided in Policy. All Claims shall be payable in India and shall be in Indian Rupees only.

## 8. Policy Disputes

Any dispute concerning the interpretation of the terms, conditions, limitations and/or exclusions contained herein is understood and agreed by both You and Us to be adjudicated or interpreted in accordance with Indian law and only competent Courts of India shall have the exclusive jurisdiction to try all or any matters arising hereunder. The matter shall be determined or adjudicated in accordance with the law and practice of such Court.

## 9. Special Provision for Insured Person who are Senior citizen

The premium charged for health Insurance products offered to Senior citizens shall be fair, justified, transparent and duly disclosed upfront. The insured shall be informed in writing of any underwriting loading

charged over and above the premium and the specific consent of the policyholder for such loadings shall be obtained before issuance of policy.

#### **10. Communications & Notices**

Any communication, notice, direction or instruction given under this Policy shall be in writing and delivered by hand, post, or facsimile to:

In Your case, at Your last known address per Our records in respect of this Policy.

In Our case, at Our address specified in the Policy Schedule.

No insurance agent, broker or any other person is authorised to receive any notice on Our behalf.

#### **11. Customer Service**

If at any time You require any clarification or assistance, You may contact Our offices at the address specified in the Policy Schedule, during normal business hours or contact Our call centre.

#### **12. ECS/ Auto Debit Payment Facility:**

You are eligible for availing the ECS / Auto Debit payment facility for your premium payments under this Policy. This facility can be opted for automatic premium payment under this Policy for such premium paying term as availed by you under this Policy by submitting a duly signed ECS / Auto Debit mandate form. You may opt for any premium payment term as per your convenience but in accordance with the Policy terms and conditions. Please note that this facility may not be available for all the Banks at present however and you are requested to kindly visit website: [www.kotakgeneral.com](http://www.kotakgeneral.com) to check the updated list of all partner banks facilitating the ECS /Auto Debit facility from time to time. Additionally, the following conditions shall apply in case of ECS / Auto Debit facility opted by you:

- a. The premium payment under the Policy shall be subject to change on renewal which would be in accordance with the terms and conditions of the Policy
- b. The Policy shall get cancelled in the event of failure of ECS transaction towards payment of premium under the Policy and/or non-receipt of premium within the Grace Period under the Policy
- c. The renewal premium amount under the Policy shall be communicated to you in advance i.e. minimum 45 days before the renewal date
- d. You have the right to withdraw the ECS /Auto Debit mandate by giving Us at least 15 days' notice before the due date of next premium due under the Policy

The term ECS / Auto Debit herein shall be governed by the Electronic Clearing Service (Debit) Procedural Guidelines issued by the Reserve Bank of India (as may be amended from time to time) and shall mean an electronic facility for effecting periodic insurance premium payment transactions in an automated manner.

#### **13. Electronic Transactions**

You agree to adhere to and comply with all such terms and conditions as the Company may prescribe from time to time, and hereby agrees and confirms that all transactions effected by or through facilities for conducting remote transactions including the Internet, World Wide Web, electronic data interchange, call centers, teleservice operations (whether voice, video, data or combination thereof) or by means of electronic, computer, automated machines network or through other means of telecommunication, established by or on behalf of the Company, for and in respect of the Policy or its terms, shall constitute legally binding and valid transactions when done in adherence to and in compliance with the Company's terms and conditions for such facilities, as may be prescribed from time to time.

Sales through such electronic transactions shall ensure that all conditions of Section 41 of the Insurance Act, 1938 prescribed for the proposal form and all necessary disclosures on terms and conditions and exclusions are made known to the Insured. A voice recording in case of tele-sales or other evidence for sales through the World Wide Web shall be maintained and such consent will be subsequently validated/confirmed by the Insured.

#### **14. Automatic change in Coverage under the policy**

The coverage for the Insured Person(s) shall automatically terminate in the case of any Insured Person's demise during the policy period/year:

Termination of cover takes place on account of death of the insured person and pro-rata refund of premium of deceased insured person is processed for the unexpired policy period, provided no claim has been made. However, the cover shall continue for the remaining Insured Persons till the end of Policy Period. The other insured persons may also apply to renew the policy. In case, the other insured person is minor, the policy shall be renewed only through any one of his/her natural guardian or guardian appointed by court. All relevant particulars in respect of such person (including his/her relationship with the insured person) must be submitted to the company along with the application.

## Annexure I Details of Insurance Ombudsman

Office Details	Jurisdiction of Office Union Territory, District
<b>Ahmedabad:</b> Office of the Insurance Ombudsman, Jeevan Prakash Building, 6th floor, Tilak Marg, Relief Road, Ahmedabad - 380 001. Tel.: 079 - 25501201/02/05/06; Email: bimalokpal.ahmedabad@cioins.co.in	Gujarat, Dadra & Nagar Haveli, Daman and Diu.
<b>Bengaluru:</b> Office of the Insurance Ombudsman, Jeevan Soudha Building, PID No. 57-27-N-19, Ground Floor, 19/19, 24th Main Road, JP Nagar, Ist Phase, Bengaluru – 560 078. Tel.: 080 - 26652048 / 26652049; Email: bimalokpal.bengaluru@cioins.co.in	Karnataka.
<b>Bhopal:</b> Office of the Insurance Ombudsman, Janak Vihar Complex, 2nd Floor, 6, Malviya Nagar, Opp. Airtel Office, Near New Market, Bhopal – 462 003. Tel.: 0755 - 2769201 / 2769202; Email: bimalokpal.bhopal@cioins.co.in	Madhya Pradesh and Chattisgarh.
<b>Bhubaneswar:</b> Office of the Insurance Ombudsman, 62, Forest park, Bhubaneswar – 751 009. Tel.: 0674 - 2596461 / 2596455; Email: bimalokpal.bhubaneswar@cioins.co.in	Orissa.
<b>Chandigarh:</b> Office of the Insurance Ombudsman, S.C.O. No. 101, 102 & 103, 2nd Floor, Batra Building, Sector 17 – D, Chandigarh – 160 017. Tel.: 0172 - 2706196 / 2706468; Email: bimalokpal.chandigarh@cioins.co.in	Punjab, Haryana (excluding Gurugram, Faridabad, Sonapat and Bahadurgarh), Himachal Pradesh, Union Territories of Jammu & Kashmir, Ladakh & Chandigarh.
<b>Chennai:</b> Office of the Insurance Ombudsman, Fatima Akhtar Court, 4th Floor, 453, Anna Salai, Teynampet, CHENNAI – 600 018. Tel.: 044 - 24333668 / 24335284, Fax: 044 - 24333664, Email: bimalokpal.chennai@cioins.co.in	Tamil Nadu, Puducherry Town and Karaikal (which are part of Puducherry).
<b>Delhi:</b> Office of the Insurance Ombudsman, 2/2 A, Universal Insurance Building, Asaf Ali Road, New Delhi – 110 002. Tel.: 011 - 23232481/23213504; Email: bimalokpal.delhi@cioins.co.in	Delhi & following Districts of Haryana - Gurugram, Faridabad, Sonapat & Bahadurgarh.
<b>Guwahati:</b> Office of the Insurance Ombudsman, Jeevan Nivesh, 5th Floor, Nr. Panbazar over bridge, S.S. Road, Guwahati – 781001(ASSAM). Tel.: 0361 - 2632204 / 2602205; Email: bimalokpal.guwahati@cioins.co.in	Assam, Meghalaya, Manipur, Mizoram, Arunachal Pradesh, Nagaland and Tripura.
<b>Hyderabad:</b> Office of the Insurance Ombudsman, 6-2-46, 1st floor, "Moin Court", Lane Opp. Saleem Function Palace, A. C. Guards, Lakdi-Ka-Pool, Hyderabad - 500 004. Tel.: 040 - 23312122; Email: bimalokpal.hyderabad@cioins.co.in	Andhra Pradesh, Telangana, Yanam and part of Union Territory of Puducherry.
<b>Jaipur:</b> Office of the Insurance Ombudsman, Jeevan Nidhi – II Bldg., Gr. Floor, Bhawani Singh Marg, Jaipur - 302 005. Tel.: 0141 - 2740363; Email: bimalokpal.jaipur@cioins.co.in	Rajasthan.
<b>Ernakulam:</b> Office of the Insurance Ombudsman, 2nd Floor, Pulinat Bldg., Opp. Cochin Shipyard, M. G. Road, Ernakulam - 682 015. Tel.: 0484 - 2358759 / 2359338; Email: bimalokpal.ernakulam@cioins.co.in	Kerala, Lakshadweep, Mahe-a part of Union Territory of Puducherry.
<b>Kolkata:</b> Office of the Insurance Ombudsman, Hindustan Bldg. Annexe, 4th Floor, 4, C.R. Avenue, KOLKATA - 700 072. Tel.: 033 - 22124339 / 22124340; Email: bimalokpal.kolkata@cioins.co.in	West Bengal, Sikkim, Andaman & Nicobar Islands.
<b>Lucknow:</b> Office of the Insurance Ombudsman, 6th Floor, Jeevan Bhawan, Phase-II, Nawal Kishore Road, Hazratganj, Lucknow - 226 001. Tel.: 0522 - 2231330 / 2231331; Email: bimalokpal.lucknow@cioins.co.in	Districts of Uttar Pradesh : Lalitpur, Jhansi, Mahoba, Hamirpur, Banda, Chitrakoot, Allahabad, Mirzapur, Sonbhadra, Fatehpur, Pratapgarh, Jaunpur, Varanasi, Gazipur, Jalaun, Kanpur, Lucknow, Unnao, Sitapur, Lakhimpur, Bahraich, Barabanki, Raebareli, Sravasti, Gonda, Faizabad, Amethi, Kaushambi, Balrampur, Basti, Ambedkarnagar, Sultanpur, Maharajgang, Santkabirnagar, Azamgarh, Kushinagar, Gorkhpur, Deoria, Mau, Ghazipur, Chandauli, Ballia, Sidharathnagar.
<b>Mumbai:</b> Office of the Insurance Ombudsman, 3rd Floor, Jeevan Seva Annexe, S. V. Road, Santacruz (W), Mumbai - 400 054. Tel.: 69038821/23/24/25/26/27/28/28/29/30/31; Email: bimalokpal.mumbai@cioins.co.in	Goa, Mumbai Metropolitan Region (excluding Navi Mumbai & Thane).
<b>Noida:</b> Office of the Insurance Ombudsman, Bhagwan Sahai Palace 4th Floor, Main Road, Naya Bans, Sector 15, Distt: Gautam Buddh Nagar, U.P-201301. Tel.: 0120-2514252 / 2514253; Email: bimalokpal.noida@cioins.co.in	State of Uttarakhand and the following Districts of Uttar Pradesh: Agra, Aligarh, Bagpat, Bareilly, Bijnor, Budaun, Bulandshehar, Etah, Kannauj, Mainpuri, Mathura, Meerut, Moradabad, Muzaffarnagar, Oraiyya, Pilibhit, Etawah, Farrukhabad, Firozbad, Gautam Buddh nagar, Ghaziabad, Hardoi, Shahjahanpur, Hapur, Shamli, Rampur, Kashganj, Sambhal, Amroha, Hathras, Kanshiramnagar, Saharanpur.
<b>Patna:</b> Office of the Insurance Ombudsman, 2nd Floor, Lalit Bhawan, Bailey Road, Patna 800 001. Tel.: 0612-2547068; Email: bimalokpal.patna@cioins.co.in	Bihar and Jharkhand.
<b>Pune:</b> Office of the Insurance Ombudsman, Jeevan Darshan Bldg., 3rd Floor, C.T.S. No.s. 195 to 198, N.C. Kelkar Road, Narayan Peth, Pune – 411 030. Tel.: 020-41312555; Email: bimalokpal.pune@cioins.co.in	Maharashtra, Areas of Navi Mumbai and Thane (excluding Mumbai Metropolitan Region).

**Annexure II**  
List of Day Care Surgeries

Sr. No.	ENT	Sr. No.	ENT
1	Stapedotomy	23	Tympanoplasty (Type II)
2	Myringoplasty(Type I Tympanoplasty)	24	Reduction of fracture of Nasal Bone
3	Revision stapedectomy	25	Excision and destruction of lingual tonsils
4	Labyrinthectomy for severe Vertigo	26	Conchoplasty
5	Stapedectomy under GA	27	Thyroplasty Type II
6	Ossiculoplasty	28	Tracheostomy
7	Myringotomy with Grommet Insertion	29	Excision of Angioma Septum
8	Tympanoplasty (Type III)	30	Turbinoplasty
9	Stapedectomy under LA	31	Incision & Drainage of Retro Pharyngeal Abscess
10	Revision of the fenestration of the inner ear	32	Uvulo Palato Pharyngo Plasty
11	Tympanoplasty (Type IV)	33	Palatoplasty
12	Endolymphatic Sac Surgery for Meniere's Disease	34	Tonsillectomy without adenoidectomy
13	Turbinectomy	35	Adenoidectomy with Grommet insertion
14	Removal of Tympanic Drain under LA	36	Adenoidectomy without Grommet insertion
15	Endoscopic Stapedectomy	37	Vocal Cord lateralisation Procedure
16	Fenestration of the inner ear	38	Incision & Drainage of Para Pharyngeal Abscess
17	Incision and drainage of perichondritis	39	Transoral incision and drainage of a pharyngeal abscess
18	Septoplasty	40	Tonsillectomy with adenoidectomy
19	Vestibular Nerve section	41	Tracheoplasty
20	Thyroplasty Type I	42	Excision of Ranula under GA
21	Pseudocyst of the Pinna - Excision	43	Meatoplasty
22	Incision and drainage - Haematoma Auricle		
<b>Ophthalmology</b>			
44	Incision of tear glands	54	Removal of Foreign body from cornea
45	Other operation on the tear ducts	55	Incision of the cornea
46	Incision of diseased eyelids	56	Other operations on the cornea
47	Excision and destruction of the diseased tissue of the eyelid	57	Operation on the canthus and epicanthus
48	Removal of foreign body from the lens of the eye	58	Removal of foreign body from the orbit and the eye ball
49	Corrective surgery of the entropion and ectropion	59	Surgery for cataract
50	Operations for pterygium	60	Treatment of retinal lesion
51	Corrective surgery of blepharoptosis	61	Removal of foreign body from the posterior chamber of the eye
52	Removal of foreign body from conjunctiva	62	glaucoma surg
53	Biopsy of tear gland		
<b>Oncology</b>			
63	IV Push Chemotherapy	91	Telecobalt Therapy
64	HBI-Hemibody Radiotherapy	92	Telecesium Therapy
65	Infusional Targeted therapy	93	External mould Brachytherapy
66	SRT-Stereotactic Arc Therapy	94	Interstitial Brachytherapy
67	SC administration of Growth Factors	95	Intracavity Brachytherapy
68	Continuous Infusional Chemotherapy	96	3D Brachytherapy
69	Infusional Chemotherapy	97	Implant Brachytherapy
70	CCRT-Concurrent Chemo + RT	98	Intravesical Brachytherapy
71	2D Radiotherapy	99	Adjuvant Radiotherapy
72	3D Conformal Radiotherapy	100	Afterloading Catheter Brachytherapy
73	IGRT- Image Guided Radiotherapy	101	Conditioning Radiotherapy for BMT
74	IMRT- Step & Shoot	102	Extracorporeal Irradiation to the Homologous Bone grafts
75	Infusional Bisphosphonates	103	Radical chemotherapy
76	IMRT- DMLC	104	Neoadjuvant radiotherapy
77	Rotational Arc Therapy	105	LDR Brachytherapy
78	Tele gamma therapy	106	Palliative Radiotherapy
79	FSRT-Fractionated SRT	107	Radical Radiotherapy
80	VMAT-Volumetric Modulated Arc Therapy	108	Palliative chemotherapy
81	SBRT-Stereotactic Body Radiotherapy	109	Template Brachytherapy
82	Helical Tomotherapy	110	Neoadjuvant chemotherapy
83	SRS-Stereotactic Radiosurgery	111	Adjuvant chemotherapy
84	X-Knife SRS	112	Induction chemotherapy
85	Gammaknife SRS	113	Consolidation chemotherapy
86	TBI- Total Body Radiotherapy	114	Maintenance chemotherapy
87	intraluminal Brachytherapy	115	HDR Brachytherapy
88	Electron Therapy	116	Mediastinal lymph node biopsy
89	TSET-Total Electron Skin Therapy	117	High Orchidectomy for testis tumours
90	Extracorporeal Irradiation of Blood Products		

Plastic Surgery			
118	Construction skin pedicle flap	125	Fibro myocutaneous flap
119	Gluteal pressure ulcer-Excision	126	Breast reconstruction surgery after mastectomy
120	Muscle-skin graft, leg	127	Sling operation for facial palsy
121	Removal of bone for graft	128	Split Skin Grafting under RA
122	Muscle-skin graft duct fistula	129	Wolfe skin graft
123	Removal cartilage graft	130	Plastic surgery to the floor of the mouth under GA
124	Myocutaneous flap		
Urology			
131	AV fistula - wrist	149	Ureter endoscopy and treatment
132	URSL with stenting	150	Vesico ureteric reflux correction
133	URSL with lithotripsy	151	Surgery for pelvi ureteric junction obstruction
134	Cystoscopic Litholapaxy	152	Anderson hynes operation
135	ESWL	153	Kidney endoscopy and biopsy
136	Haemodialysis	154	Paraphimosis surgery
137	Bladder Neck Incision	155	injury prepuce- circumcision
138	Cystoscopy & Biopsy	156	Frenular tear repair
139	Cystoscopy and removal of polyp	157	Meatotomy for meatal stenosis
140	Suprapubic cystostomy	158	surgery for fournier's gangrene scrotum
141	percutaneous nephrostomy	159	surgery filarial scrotum
142	Cystoscopy and "SLING" procedure	160	surgery for watering can perineum
143	TUNA- prostate	161	Repair of penile torsion
144	Excision of urethral diverticulum	162	Drainage of prostate abscess
145	Removal of urethral Stone	163	Orchiectomy
146	Excision of urethral prolapse	164	Cystoscopy and removal of FB
147	Mega-ureter reconstruction	165	Surgery for SUI
148	Kidney renoscopy and biopsy	166	URS + LL
Neurology			
167	Facial nerve physiotherapy	174	Stereotactic Radiosurgery
168	Nerve biopsy	175	Percutaneous Cordotomy
169	Muscle biopsy	176	Intrathecal Baclofen therapy
170	Epidural steroid injection	177	Entrapment neuropathy Release
171	Glycerol rhizotomy	178	Diagnostic cerebral angiography
172	Spinal cord stimulation	179	VP shunt
173	Motor cortex stimulation	180	Ventriculoatrial shunt
Thoracic Surgery			
181	Thoracoscopy and Lung Biopsy	185	Thoracoscopy and pleural biopsy
182	Excision of cervical sympathetic Chain Thoracoscopic	186	EBUS + Biopsy
183	Laser Ablation of Barrett's oesophagus	187	Thoracoscopy ligation thoracic duct
184	Pleurodesis	188	Thoracoscopy assisted empyaema drainage
Gastroenterology			
189	Pancreatic pseudocyst EUS & drainage	199	Colonscopy stenting of stricture
190	RF ablation for barrett's Oesophagus	200	Percutaneous Endoscopic Gastrostomy
191	ERCP and papillotomy	201	EUS and pancreatic pseudo cyst drainage
192	Esophagoscope and sclerosant injection	202	ERCP and choledochoscopy
193	EUS + submucosal resection	203	Proctosigmoidoscopy volvulus detorsion
194	Construction of gastrostomy tube	204	ERCP and sphincterotomy
195	EUS + aspiration pancreatic cyst	205	Esophageal stent placement
196	Small bowel endoscopy (therapeutic)	206	ERCP + placement of biliary stents
197	Colonoscopy ,lesion removal	207	Sigmoidoscopy w/ stent
198	ERCP	208	EUS + coeliac node biopsy
General Surgery			
209	infected keloid excision	224	Fissure in Ano- fissurectomy
210	Incision of a pilonidal sinus / abscess	225	Fibroadenoma breast excision
211	Axillary lymphadenectomy	226	Oesophageal varices Sclerotherapy
212	Wound debridement and Cover	227	ERCP - pancreatic duct stone removal
213	Abscess-Decompression	228	Perianal abscess I&D
214	Cervical lymphadenectomy	229	Perianal hematoma Evacuation
215	infected sebaceous cyst	230	Fissure in ano sphincterotomy
216	Inguinal lymphadenectomy	231	UGI scopy and Polypectomy oesophagus
217	Incision and drainage of Abscess	232	Breast abscess I& D
218	Suturing of lacerations	233	Feeding Gastrostomy
219	Scalp Suturing	234	Oesophagoscopy and biopsy of growth oesophagus
220	infected lipoma excision	235	UGI scopy and injection of adrenaline, sclerosants - bleeding ulcers
221	Maximal anal dilatation	236	ERCP - Bile duct stone removal
222	Piles	237	Ileostomy closure
	A) Injection Sclerotherapy	238	Colonoscopy
	B) Piles banding	239	Polypectomy colon
223	liver Abscess- catheter drainage	240	Splenic abscesses Laparoscopic Drainage

241	UGI SCOPY and Polypectomy stomach	266	Esophageal Growth stent
242	Rigid Oesophagoscopy for FB removal	267	PAIR Procedure of Hydatid Cyst liver
243	Feeding Jejunostomy	268	Tru cut liver biopsy
244	Colostomy	269	Photodynamic therapy or esophageal tumour and Lung tumour
245	Ileostomy	270	Excision of Cervical RIB
246	colostomy closure	271	laparoscopic reduction of intussusception
247	Submandibular salivary duct stone removal	272	Microdochectomy breast
248	Pneumatic reduction of intussusception	273	Surgery for fracture Penis
249	Varicose veins legs - Injection sclerotherapy	274	Sentinel node biopsy
250	Rigid Oesophagoscopy for Plummer vinson syndrome	275	Parastomal hernia
251	Pancreatic Pseudocysts Endoscopic Drainage	276	Revision colostomy
252	ZADEK's Nail bed excision	277	Prolapsed colostomy- Correction
253	Subcutaneous mastectomy	278	Testicular biopsy
254	Rigid Oesophagoscopy for dilation of benign Strictures	279	laparoscopic cardiomyotomy( Hellers)
255	Eversion of Sac	280	Sentinel node biopsy malignant melanoma
	a) Unilateral	281	laparoscopic pyloromyotomy( Ramstedt)
	b) Bilateral	282	Keratosis removal under GA
256	Lord's plication	283	Excision Sigmoid Polyp
257	Jaboulay's Procedure	284	Rectal-Myomectomy
258	Scrotoplasty	285	Rectal prolapse (Delorme's procedure)
259	Surgical treatment of varicocele	286	Orchidopexy for undescended testis
260	Epididymectomy	287	Detorsion of torsion Testis
261	Circumcision for Trauma	288	lap.Abdominal exploration in cryptorchidism
262	Intersphincteric abscess incision and drainage	289	EUA + biopsy multiple fistula in ano
263	Psoas Abscess Incision and Drainage	290	Excision of fistula-in-ano
264	Thyroid abscess Incision and Drainage	291	TURBT
265	TIPS procedure for portal hypertension		
<b>Orthopedics</b>			
292	Arthroscopic Repair of ACL tear knee	323	Partial removal of metatarsal
293	Closed reduction of minor Fractures	324	Partial removal of metatarsal
294	Arthroscopic repair of PCL tear knee	325	Revision/Removal of Knee cap
295	Tendon shortening	326	Amputation follow-up surgery
296	Arthroscopic Meniscectomy - Knee	327	Exploration of ankle joint
297	Treatment of clavicle dislocation	328	Remove/graft leg bone lesion
298	Arthroscopic meniscus repair	329	Repair/graft achilles tendon
299	Haemarthrosis knee- lavage	330	Remove of tissue expander
300	Abscess knee joint drainage	331	Biopsy elbow joint lining
301	Carpal tunnel release	332	Removal of wrist prosthesis
302	Closed reduction of minor dislocation	333	Biopsy finger joint lining
303	Repair of knee cap tendon	334	Tendon lengthening
304	ORIF with K wire fixation- small bones	335	Treatment of shoulder dislocation
305	Release of midfoot joint	336	Lengthening of hand tendon
306	ORIF with plating- Small long bones	337	Removal of elbow bursa
307	Implant removal minor	338	Fixation of knee joint
308	K wire removal	339	Treatment of foot dislocation
309	POP application	340	Surgery of bunion
310	Closed reduction and external fixation	341	intra articular steroid injection
311	Arthrotomy Hip joint	342	Tendon transfer procedure
312	Syme's amputation	343	Removal of knee cap bursa
313	Arthroplasty	344	Treatment of fracture of ulna
314	Partial removal of rib	345	Treatment of scapula fracture
315	Treatment of sesamoid bone fracture	346	Removal of tumor of arm/ elbow under RA/GA
316	Shoulder arthroscopy / surgery	347	Repair of ruptured tendon
317	Elbow arthroscopy	348	Decompress forearm space
318	Amputation of metacarpal bone	349	Revision of neck muscle ( Torticollis release )
319	Release of thumb contracture	350	Lengthening of thigh tendons
320	Incision of foot fascia	351	Treatment fracture of radius & ulna
321	calcaneum spur hydrocort injection	352	Repair of knee joint
322	Ganglion wrist hyalase injection		
<b>Paediatric Surgery</b>			
353	Excision Juvenile polyps rectum	358	Sternomastoid Tenotomy
354	Vaginoplasty	359	Infantile Hypertrophic Pyloric Stenosis pyloromyotomy
355	Dilatation of accidental caustic stricture oesophagea	360	Excision of soft tissue rhabdomyosarcoma
356	Presacral Teratomas Excision	361	Excision of cervical teratoma
357	Removal of vesical stone	362	Cystic hygroma - Injection treatment

Gynaecology			
363	Hysteroscopic removal of myoma	379	uterine artery embolization
364	D&C	380	Bartholin Cyst excision
365	Hysteroscopic resection of septum	381	Laparoscopic cystectomy
366	thermal Cauterisation of Cervix	382	Hymenectomy( imperforate Hymen)
367	MIRENA insertion	383	Endometrial ablation
368	Hysteroscopic adhesiolysis	384	vaginal wall cyst excision
369	LEEP	385	Vulval cyst Excision
370	Cryocauterisation of Cervix	386	Laparoscopic paratubal cyst excision
371	Polypectomy Endometrium	387	Repair of vagina ( vaginal atresia )
372	Hysteroscopic resection of fibroid	388	Hysteroscopy, removal of myoma
373	LLETZ	389	Ureterocele repair - congenital internal
374	Conization	390	Vaginal mesh For POP
375	polypectomy cervix	391	Laparoscopic Myomectomy
376	Hysteroscopic resection of endometrial polyp	392	Repair recto- vagina fistula
377	Vulval wart excision	393	Pelvic floor repair( excluding Fistula repair)
378	Laparoscopic paraovarian cyst excision	394	Laparoscopic oophorectomy
Critical Care			
395	Insert non- tunnel CV cath	398	Insertion catheter, intra anterior
396	Insert PICC cath ( peripherally inserted central catheter )	399	Insertion of Portacath
397	Replace PICC cath ( peripherally inserted central catheter		
Dental			
400	Splinting of avulsed teeth	403	Oral biopsy in case of abnormal tissue presentation
401	Suturing lacerated lip	404	FNAC
402	Suturing oral mucosa	405	Smear from oral cavity

### Annexure III

#### List I - List of non-medical expenses

Sr. No.	Items	Remarks
1	Baby Food	Not Payable
2	Baby Utilities Charges	Not Payable
3	Beauty Services	Not Payable
4	Belts/ Braces	Payable for cases who have undergone surgery of Thoracic or Lumbar Spine.
5	Buds	Not Payable
6	Cold Pack/Hot Pack	Not Payable
7	Carry Bags	Not Payable
8	Email / Internet Charges	Not Payable
9	Food Charges (other than Patient's Diet Provided by Hospital)	Not Payable
10	Leggings	Payable in case of Bariatric and Varicose Vein Surgery
11	Laundry Charges	Not Payable
12	Mineral Water	Not Payable
13	Sanitary Pad	Not Payable
14	Telephone Charges	Not Payable
15	Guest Services	Not Payable
16	Crepe Bandage	Not Payable
17	Diaper Of Any Type	Not Payable
18	Eyelet Collar	Not Payable
19	Slings	Not Payable
20	Blood Grouping and Cross Matching of Donors Samples	Not Payable
21	Service Charges Where Nursing Charge Also Charged	Post Hospitalization Nursing Charges Not Payable
22	Television Charges	Not Payable
23	Surcharges	Not Payable
24	Attendant Charges	Not Payable
25	Extra Diet Of Patient (Other Than That Which Forms Part Of Bed Charge)	Not Payable
26	Birth Certificate	Not Payable

Sr. No.	Items	Remarks
27	Certificate Charges	Not Payable
28	Courier Charges	Not Payable
29	Conveyance Charges	Not Payable
30	Medical Certificate	Not Payable
31	Medical Records	Not Payable
32	Photocopies Charges	Not Payable
33	Mortuary Charges	Payable Up to 24 Hrs, Shifting Charges Not Payable
34	Walking Aids Charges	Not Payable
35	Oxygen Cylinder (For Usage Outside The Hospital)	Not Payable
36	Spacer	Not Payable
37	Spirometre	Not Payable
38	Nebulizer Kit	Not Payable
39	Steam Inhaler	Not Payable
40	Armsling	Not Payable
41	Thermometer	Not Payable
42	Cervical Collar	Not Payable
43	Splint	Not Payable
44	Diabetic Foot Wear	Not Payable
45	Knee Braces (Long/ Short/ Hinged)	Not Payable
46	Knee Immobilizer/Shoulder Immobilizer	Not Payable
47	Lumbo Sacral Belt	Payable for cases who have undergone Surgery of Lumbar Spine
48	Nimbus Bed Or Water Or Air Bed Charges	Not Payable
49	Ambulance Collar	Not Payable
50	Ambulance Equipment	Not Payable
51	Abdominal Binder	Payable in case of post-surgery patients of Major Abdominal Surgery Including TAH, LSCS, Incisional Hernia Repair, Exploratory Laparotomy for Intestinal Obstruction, Liver Transplant Etc



52	Private Nurses Charges Special Nursing Charges	Not Payable
53	Sugar Free Tablets	Not Payable
54	Creams Powders Lotions (Toiletries Are Not Payable, Only Prescribed Medical Pharmaceuticals Payable)	Not Payable
55	ECG Electrodes	Not Payable
56	Gloves	Sterilized Gloves Payable / Unsterilized Gloves not payable
57	Nebulisation Kit	Not Payable
58	Any Kit With No Details Mentioned [Delivery Kit, Orthokit, Recovery Kit, Etc]	Not Payable
59	Kidney Tray	Not Payable

60	Mask	Not Payable
61	Ounce Glass	Not Payable
62	Oxygen Mask	Not Payable
63	Pelvic Traction Belt	Payable in case of PIVD requiring traction
64	Pan Can	Not Payable
65	Trolley Cover	Not Payable
66	Urometer, Urine Jug	Not Payable
67	Ambulance	Payable - Ambulance from home to Hospital or inter-hospital shifts is Payable/ RTA - As Specific Requirement for critical injury is Payable
68	Vasofix Safety	Not Payable

**List II – Items that are to be subsumed into Room Charges**

Sr. No.	Items
1	Baby Charges (Unless Specified/Indicated)
2	Hand Wash
3	Shoe Cover
4	Caps
5	Cradle Charges
6	Comb
7	Eau-De-Cologne / Room Freshners
8	Foot Cover
9	Gown
10	Slippers
11	Tissue Paper
12	Tooth Paste
13	Tooth Brush
14	Bed Pan
15	Face Mask
16	Flexi Mask
17	Hand Holder
18	Sputum Cup
19	Disinfectant Lotions

Sr. No.	Items
20	Luxury Tax
21	Hvac
22	House Keeping Charges
23	Air Conditioner Charges
24	Im Iv Injection Charges
25	Clean Sheet
26	Blanket/Warmer Blanket
27	Admission Kit
28	Diabetic Chart Charges
29	Documentation Charges / Administrative Expenses
30	Discharge Procedure Charges
31	Daily Chart Charges
32	Entrance Pass / Visitors Pass Charges
33	Expenses Related To Prescription On Discharge
34	File Opening Charges
35	Incidental Expenses / Misc. Charges (Not Explained)
36	Patient Identification Band / Name Tag
37	Pulseoxymeter Charges

**List III – Items that are to be subsumed into Procedure Charges**

Sr. No.	Items
1	Hair Removal Cream
2	Disposables Razors Charges (For Site Preparations)
3	Eye Pad
4	Eye Sheild
5	Camera Cover
6	Dvd, Cd Charges
7	Gause Soft
8	Gauze
9	Ward And Theatre Booking Charges
10	Arthroscopy And Endoscopy Instruments
11	Microscope Cover
12	Surgical Blades, Harmonicscalpel,Shaver

Sr. No.	Items
13	Surgical Drill
14	Eye Kit
15	Eye Drape
16	X-Ray Film
17	Boyles Apparatus Charges
18	Cotton
19	Cotton Bandage
20	Surgical Tape
21	Apron
22	Torniquet
23	Orthobundle, Gynaec Bundle

**List IV - Items that are to be subsumed into costs of treatment**

Sr. No.	Items
1	Admission/Registration Charges
2	Hospitalisation For Evaluation/ Diagnostic Purpose
3	Urine Container
4	Blood Reseration Charges And Ante Natal Booking Charges
5	Bipap Machine
6	Cpap/ Capd Equipments
7	Infusion Pump– Cost
8	Hydrogen Peroxide\Spirit\ Disinfectants Etc
9	Nutrition Planning Charges - Dietician Charges- Diet Charges

Sr. No.	Items
10	Hiv Kit
11	Antiseptic Mouthwash
12	Lozenges
13	Mouth Paint
14	Vaccination Charges
15	Alcohol Swabes
16	Scrub Solution/ Sterillium
17	Glucometer& Strips
18	Urine Bag

**Annexure IV**  
**List of Critical Illness**

**Standard Definitions**

**1) Cancer Of Specified Severity**

- I. A malignant tumor characterized by the uncontrolled growth and spread of malignant cells with invasion and destruction of normal tissues. This diagnosis must be supported by histological evidence of malignancy. The term cancer includes leukemia, lymphoma and sarcoma.
- II. The following are excluded –
  - i. All tumors which are histologically described as carcinoma in situ, benign, pre-malignant, borderline malignant, low malignant potential, neoplasm of unknown behavior, or non-invasive, including but not limited to: Carcinoma in situ of breasts, Cervical dysplasia CIN-1, CIN - 2 and CIN-3.
  - ii. Any non-melanoma skin carcinoma unless there is evidence of metastases to lymph nodes or beyond;
  - iii. Malignant melanoma that has not caused invasion beyond the epidermis;
  - iv. All tumors of the prostate unless histologically classified as having a Gleason score greater than 6 or having progressed to at least clinical TNM classification T2N0M0
  - v. All Thyroid cancers histologically classified as T1N0M0 (TNM Classification) or below;
  - vi. Chronic lymphocytic leukaemia less than RAI stage 3
  - vii. Non-invasive papillary cancer of the bladder histologically described as TaN0M0 or of a lesser classification,
  - viii. All Gastro-Intestinal Stromal Tumors histologically classified as T1N0M0 (TNM Classification) or below and with mitotic count of less than or equal to 5/50 HPFs;

**2) Kidney Failure Requiring Regular Dialysis**

- I. End stage renal disease presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis (haemodialysis or peritoneal dialysis) is instituted or renal transplantation is carried out. Diagnosis has to be confirmed by a specialist medical practitioner.

**3) Multiple Sclerosis With Persisting Symptoms**

- I. The unequivocal diagnosis of Definite Multiple Sclerosis confirmed and evidenced by all of the following:
  - i. investigations including typical MRI findings which unequivocally confirm the diagnosis to be multiple sclerosis and
  - ii. there must be current clinical impairment of motor or sensory function, which must have persisted for a continuous period of at least 6 months.
- II. Neurological damage due to SLE is excluded.

**4) Motor Neuron Disease With Permanent Symptoms**

- I. Motor neuron disease diagnosed by a specialist medical practitioner as spinal muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis or primary lateral sclerosis. There must be progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurons. There must be current significant and permanent functional neurological impairment with objective evidence of motor dysfunction that has persisted for a continuous period of at least 3 months.

**5) Benign Brain Tumor**

- I. Benign brain tumor is defined as a life threatening, non-cancerous tumor in the brain, cranial nerves or meninges within the skull. The presence of the underlying tumor must be confirmed by imaging studies such as CT scan or MRI.
- II. This brain tumor must result in at least one of the following and must be confirmed by the relevant medical specialist.
  - i. Permanent Neurological deficit with persisting clinical symptoms for a continuous period of at least 90 consecutive days or
  - ii. Undergone surgical resection or radiation therapy to treat the brain tumor.
- III. The following conditions are excluded:  
Cysts, Granulomas, malformations in the arteries or veins of the brain, hematomas, abscesses, pituitary tumors, tumors of skull bones and tumors of the spinal cord.

**6) Primary (Idiopathic) Pulmonary Hypertension**

- I. An unequivocal diagnosis of Primary (Idiopathic) Pulmonary Hypertension by a Cardiologist or specialist in respiratory medicine with evidence of right ventricular enlargement and the pulmonary artery

pressure above 30 mm of Hg on Cardiac Cauterization. There must be permanent irreversible physical impairment to the degree of at least Class IV of the New York Heart Association Classification of cardiac impairment.

- II. The NYHA Classification of Cardiac Impairment are as follows:
  - i. Class III: Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes symptoms.
  - ii. Class IV: Unable to engage in any physical activity without discomfort.

Symptoms may be present even at rest.

- III. Pulmonary hypertension associated with lung disease, chronic hypoventilation, pulmonary thromboembolic disease, drugs and toxins, diseases of the left side of the heart, congenital heart disease and any secondary cause are specifically excluded.

**7) End Stage Liver Failure**

- I. Permanent and irreversible failure of liver function that has resulted in all three of the following:
  - i. Permanent jaundice; and
  - ii. Ascites; and
  - iii. Hepatic encephalopathy.
- II. Liver failure secondary to drug or alcohol abuse is excluded.

**8) Major Organ /Bone Marrow Transplant**

- I. The actual undergoing of a transplant of:
  - i. One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end-stage failure of the relevant organ, or
  - ii. Human bone marrow using haematopoietic stem cells. The undergoing of a transplant has to be confirmed by a specialist medical practitioner.
- II. The following are excluded:
  - i. Other stem-cell transplants
  - ii. Where only islets of langerhans are transplanted

**9) Open Heart Replacement Or Repair Of Heart Valves**

- I. The actual undergoing of open-heart valve surgery is to replace or repair one or more heart valves, as a consequence of defects in, abnormalities of, or disease affected cardiac valve(s). The diagnosis of the valve abnormality must be supported by an echocardiography and the realization of surgery has to be confirmed by a specialist medical practitioner. Catheter based techniques including but not limited to, balloon valvotomy/valvuloplasty are excluded.

**10) Open Chest CABG**

- I. The actual undergoing of heart surgery to correct blockage or narrowing in one or more coronary artery(s), by coronary artery bypass grafting done via a sternotomy (cutting through the breast bone) or minimally invasive keyhole coronary artery bypass procedures. The diagnosis must be supported by a coronary angiography and the realization of surgery has to be confirmed by a cardiologist.
- II. The following are excluded:
  - i. Angioplasty and/or any other intra-arterial procedures

**11) Coma Of Specified Severity**

- I. A state of unconsciousness with no reaction or response to external stimuli or internal needs. This diagnosis must be supported by evidence of all of the following:
  - i. no response to external stimuli continuously for at least 96 hours;
  - ii. life support measures are necessary to sustain life; and
  - iii. permanent neurological deficit which must be assessed at least 30 days after the onset of the coma.
- II. The condition has to be confirmed by a specialist medical practitioner. Coma resulting directly from alcohol or drug abuse is excluded.

**12) Stroke Resulting In Permanent Symptoms**

- I. Any cerebrovascular incident producing permanent neurological sequelae. This includes infarction of brain tissue, thrombosis in an intracranial vessel, haemorrhage and embolisation from an extracranial source. Diagnosis has to be confirmed by a specialist medical practitioner and evidenced by typical clinical symptoms as well as typical findings in CT Scan or MRI of the brain. Evidence of permanent neurological deficit lasting for at least 3 months has to be produced.
- II. The following are excluded:
  - i. Transient ischemic attacks (TIA)
  - ii. Traumatic injury of the brain

- iii. Vascular disease affecting only the eye or optic nerve or vestibular functions.

### 13) Permanent Paralysis Of Limbs

- I. Total and irreversible loss of use of two or more limbs as a result of injury or disease of the brain or spinal cord. A specialist medical practitioner must be of the opinion that the paralysis will be permanent with no hope of recovery and must be present for more than 3 months.

### 14) Myocardial Infarction (First Heart Attack Of Specified Severity)

- I. The first occurrence of heart attack or myocardial infarction, which means the death of a portion of the heart muscle as a result of inadequate blood supply to the relevant area. The diagnosis for Myocardial Infarction should be evidenced by all of the following criteria:
  - i. A history of typical clinical symptoms consistent with the diagnosis of acute myocardial infarction (For e.g. typical chest pain)
  - ii. New characteristic electrocardiogram changes
  - iii. Elevation of infarction specific enzymes, Troponins or other specific biochemical markers.
- II. The following are excluded:
  - i. Other acute Coronary Syndromes
  - ii. Any type of angina pectoris
  - iii. A rise in cardiac biomarkers or Troponin T or I in absence of overt ischemic heart disease OR following an intra-arterial cardiac procedure

### 15) Third Degree Burns

- I. There must be third-degree burns with scarring that cover at least 20% of the body's surface area. The diagnosis must confirm the total area involved using standardized, clinically accepted, body surface area charts covering 20% of the body surface area.

### 16) Deafness

- I. Total and irreversible loss of hearing in both ears as a result of illness or accident. This diagnosis must be supported by pure tone audiogram test and certified by an Ear, Nose and Throat (ENT) specialist. Total means "the loss of hearing to the extent that the loss is greater than 90decibels across all frequencies of hearing" in both ears.

### 17) Loss Of Speech

- I. Total and irrecoverable loss of the ability to speak as a result of injury or disease to the vocal cords. The inability to speak must be established for a continuous period of 12 months. This diagnosis must be supported by medical evidence furnished by an Ear, Nose, Throat (ENT) specialist.

### Specific Definitions

#### 18) Aorta Graft Surgery

The actual undergoing of major Surgery to repair or correct aneurysm, narrowing, obstruction or dissection of the Aorta through surgical opening of the chest or abdomen. For the purpose of this cover the definition of "Aorta" shall mean the thoracic and abdominal aorta but not its branches.

- i) The following conditions are excluded:
  - a. Surgery performed using only minimally invasive or intra-arterial techniques.
  - b. Angioplasty and all other intra-arterial, catheter based techniques, "keyhole" or laser procedures.
- ii) The diagnosis to be evidenced by any two of the following:
  - a. Computerized tomography (CT) scan
  - b. Magnetic Resonance Imaging (MRI) scan
  - c. Echocardiography (an ultrasound of the heart)
  - d. Angiography (Injecting X ray dye)
  - e. Abdominal ultrasound

## Benefit Illustration in respect of policies offered on individual and family floater basis

Kotak Health Premier (UIN: KOTHLIP23109V042223) Plan: Advantage										
Sum Insured - 5 lacs; Coverage for - 2A + 2C; Zone-1										
Age of the members insured	Coverage opted on individual basis covering each member of the family separately (at a single point in time)		Coverage opted on individual basis covering multiple members of the family under a single policy (Sum insured is available for each member of the family)				Coverage opted on family floater basis with overall Sum insured (Only one sum insured is available for the entire family)			
	Premium (₹)	Sum Insured (₹)	Premium (₹)	Discount, if any	Premium after Discount (₹)	Sum Insured (₹)	Premium or consolidated premium for all members of family (₹)	Floater discount, if any	Premium after Discount (₹)	Sum Insured (₹)
Member 1 - Age - 36	6,816	5,00,000	6,816	(341)	6,475	5,00,000	22,945	(6,884)	16,062	5,00,000
Member 2 - Age - 26	6,265	5,00,000	6,265	(313)	5,952	5,00,000				
Member 3 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
Member 4 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
	Total Premium for all members of the family is ₹22,945/-, when each member is covered separately. Sum insured available for each individual is ₹5,00,000/-		Total Premium for all members of the family is ₹21,798/-, when they are covered under a single policy. Sum insured available for each family member is ₹5,00,000/-				Total Premium when policy is opted on floater basis is ₹16,062/- Sum insured of ₹5,00,000/- is available for the entire family.			
Member 1 - Age - 56	18,495	5,00,000	18,495	(925)	17,570	5,00,000	37,764	(11,329)	26,435	5,00,000
Member 2 - Age - 46	9,405	5,00,000	9,405	(470)	8,935	5,00,000				
Member 3 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
Member 4 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
	Total Premium for all members of the family is ₹37,764/-, when each member is covered separately. Sum insured available for each individual is ₹5,00,000/-		Total Premium for all members of the family is ₹35,876/-, when they are covered under a single policy. Sum insured available for each family member is ₹5,00,000/-				Total Premium when policy is opted on floater basis is ₹26,435/- Sum insured of ₹5,00,000/- is available for the entire family.			
Member 1 - Age - 66	32,591	5,00,000	32,591	(1,630)	30,961	5,00,000	66,979	(20,094)	46,885	5,00,000
Member 2 - Age - 61	24,524	5,00,000	24,524	(1,226)	23,298	5,00,000				
Member 3 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
Member 4 - Age <18	4,932	5,00,000	4,932	(247)	4,685	5,00,000				
	Total Premium for all members of the family is ₹66,979/-, when each member is covered separately. Sum insured available for each individual is ₹5,00,000/-		Total Premium for all members of the family is ₹63,630/-, when they are covered under a single policy. Sum insured available for each family member is ₹5,00,000/-				Total Premium when policy is opted on floater basis is ₹46,885/- Sum insured of ₹5,00,000/- is available for the entire family.			

Note: Premium rates specified in the above illustration shall be standard premium rates without considering any loading. Also, the premium rates shall be exclusive of taxes applicable.

The Benefit Illustration given above shows premium only for base covers. Optional Covers are available at an extra cost. Please get in touch with the company representative by calling on 1800 266 4545 / writing at care@kotak.com for more details. This illustration is indicative. For customised Benefit Illustration for your opted plan and sum insured please visit our website www.kotakgeneral.com.

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